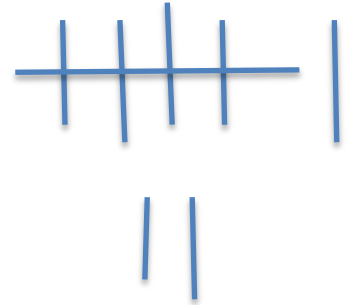


Stairway Flight Challenge: Point Tracker



Name: _____

Team Name: _____

Month: _____

For every flight of stairs taken (up or down) add one point. Example: If climbing from floor one to five, that would be four flights of stairs and equal four points.

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Total
1						
2						
3						
4						



Month Total _____