How does the COVID-19 vaccine work?
- The vaccine teaches your child’s body to find and fight the virus.
- The vaccine can stop your child from getting sick, needing to go to the hospital, and dying.
- The vaccine stops the virus from spreading to other people.

Is the COVID-19 vaccine safe?
- The vaccine is approved by Health Canada.
- The vaccine is safe and effective.
- The vaccine does not give your child the virus.

How does the vaccine help your child?
- The vaccine helps your child stay in school and do things they enjoy. This will help your child’s physical and mental health.
- The vaccine protects your child, your family and the community.

What are the side effects of the vaccine?
- Some children will get side effects:
  - pain, redness or swelling (where the needle was given)
  - headache
  - feeling tired
  - muscle or joint pain
  - fever or chills

Does the vaccine affect my child’s fertility?
- The vaccine does not affect a person’s ability to have children.
- The vaccine does not affect a person’s genes (DNA).

If my child had COVID-19, do they need the vaccine?
- Yes, people with natural immunity should get the vaccine.
- The vaccine increases a person’s ability to fight the virus.

Vaccines are safe and effective.
Should an 11-year-old get a child’s dose? Should they wait to get an adult dose when they turn 12?
- An 11-year-old should get the child's dose to be protected sooner.

Should a bigger child get an adult dose?
- Vaccines are given based on a child’s age, not size.

When can my child get a flu shot?
- If possible, your child should get a flu shot 14 days before or 14 days after the COVID-19 vaccine.
- Vaccines can be safely given within 14 days, but you may not know what vaccines caused any side effects.

Where can I get more information about preparing my child for a vaccine?
- SickKids CARD System Learning Hub: www.Aboutkidshealth.ca/card
- Talk to a clinician at SickKids: Visit www.sickkids.ca/vaccineconsult to book an appointment.

Where can I get my child vaccinated?
- Visit www.regionofwaterloo.ca/getavaccine or use this QR code to book an appointment at one of our clinics.
- Vaccines are also available at many pharmacies.
- Some family doctors are giving vaccines to their patients.

What can I do to protect my child from COVID-19?
- Please get your child vaccinated.
- Follow the advice of public health, children should:
  - wash their hands
  - wear a mask when indoors
  - keep physical distanced where possible
  - avoid large gatherings