How to wear a face covering (mask)

**Putting on your mask**
1. Clean hands before and after you touch your mask.
2. Cover nose, mouth and chin (tie mask or loop over ears).
3. Avoid touching your mask.
4. Switch your mask when it becomes dirty/soiled.

**Taking off your mask**
1. Clean hands before you touch your mask.
2. Store mask in a paper bag, envelope, or other breathable container (if you will be wearing it again).
3. Clean hands after you touch your mask.
4. Wash your mask after each use.

We all have a role to play.
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