



# BRIEFING NOTE

## COVID-19 media briefing notes for Karen Redman

April 6, 2020

### Long-term care condolences

- I want to start by extending my sincere condolences to the local families who are grieving the loss of their loved ones due to COVID-19, including the most recent case at a long-term care facility.
- It's important that the most vulnerable in our community are protected and safe...and I know our long-term care homes are working hard to ensure they take the proper steps to slow the spread of COVID-19 in their facilities.
- We thank them and continue to support them in their efforts.

### Physical distancing

- On Friday, the province shared their projections for the spread of COVID-19 across Ontario.
- Needless to say, the numbers were alarming.
- However, I want to point out that the actions we take in Waterloo Region – and all across Ontario – can have an impact on these projections.
- The efforts we have made as a community – through physical distancing and self-isolation – have so far kept cases manageable for our healthcare system. **We must continue.**
- Many of you are wondering, “How bad is it going to get?”, “How long is it going to last?” The answer to these questions **is up to you.**
  - Please stay at home and only go out if necessary: for groceries, medical appointments or to work, for essential employees.
  - If you choose to go for a walk, practice physical distancing and stay at least two metres away from anyone you come across;
  - Self-isolate if you've been asked to do so by Public Health;
  - Work from home if you can;
  - Avoid gatherings of any kind; and;
  - Wash your hands often
- **The more we stay apart...the sooner we can get back together.**
- **Once again, thank-you for doing your part.**