



BRIEFING NOTE

**COVID-19 media briefing notes - Karen Redman
Friday, May 29, 2020**

Family Compass WR

Good morning,

Today, I want to bring Family Compass WR to your attention.

Community organizations and groups across Waterloo Region have been working together to help children, youth and families during this challenging time.

Family Compass WR helps to connect you to community-based services and supports for parents, youth and children in Waterloo Region.

It's updated regularly and currently includes a wide range of topics from mental and emotional help, government resources to a calendar of physical distancing friendly events.

It's great resource for families during COVID-19

Visit familycompassWR.ca and click the COVID-19 Response link.

Keeping everyone safe this weekend

I truly believe everyone in Waterloo Region wants to do the right thing and keep each other safe.

Thanks to your continued efforts our numbers are encouraging.



BRIEFING NOTE

As we head into the weekend, we must continue to practise physical distancing.

The weather forecast certainly looks promising and I encourage you to find some time to get outdoors and enjoy fresh air for your physical and mental health, but I ask that you be wise about where you go so you are not running into crowds.

We're not yet at a point where households can mix. Please do not socialize in group settings, especially indoors.

Driveway or porch visits are ok, but please remember to keep your distance, wear a mask and keep your hands clean.

Our collective hard work will pay off and Waterloo Region will safely and gradually reopen but we all have to keep doing our part.

So please continue to practise physical distancing in everything you do. Let's not give this opportunistic virus any more chances to spread.

Have a great weekend everyone.