Nova Scotia tragedy:
Chair Redman expresses condolences to the people of Portapique and all of Nova Scotia after yesterday’s shocking violence. “I know the citizens of Waterloo Region are with me as I hold the family, friends and colleagues of the victims in my thoughts.”

Flags will be flown at half-mast at all Regional buildings to honour those who lost their lives in Nova Scotia.

Introduction:

I would like to echo Dr. Wang’s comments and sincerely thank all staff of long term care and retirement homes who are experiencing particularly challenging times.

Our front line health care workers and first responders are working tirelessly to keep us safe. We’re grateful for your service and your sacrifice.

…

Gratitude:
Despite the difficulties COVID-19 has imposed on our lives, there are reasons to be grateful in Waterloo Region. Looking at things from a perspective of gratitude helps me stay positive. So if you’re feeling overwhelmed, consider this:

- We live in a community with skilled health-care staff working 24/7 to give us the best care possible.
Essential workers continue to do their jobs to ensure we have what we need. From clean water, to food, to public transportation and more.

We live in a caring community that’s looking after those less fortunate.

This is by way of donations, creating space for those experiencing homelessness, making deliveries to those in need and more.

Local companies have stepped up to create products needed to fight COVID-19. And some have donated PPE for frontline workers.

Citizens have found ways to support our businesses by buying local whenever possible.

Local economic organizations have come together to help struggling businesses navigate COVID-19.

We’re fortunate to live in a world where technology can inform us and keep us connected to loved ones.

And lastly, we have a community who is practicing physical distancing to slow the spread of COVID-19, and it’s working.

Summary

I’m grateful for everyone who is doing their part to help slow the spread of COVID-19.

If you need information on services or COVID-19 programs, visit the Region’s COVID-19 information page on our website.