COVID-19 Vaccine
After care

https://amherst.ca/covid-19-vaccine

**Talk to a real person 24/7 in over 200 languages:** 519-514-1499
Deaf and hard of hearing (TTY): 519-575-4608
regionofwaterloo.ca/VaccineCommunity

<table>
<thead>
<tr>
<th>LCIN Aftercare Instructions</th>
<th>LCIN Vaccine Specification</th>
</tr>
</thead>
<tbody>
<tr>
<td>- If you have a sore throat</td>
<td>- If you feel feverish or have chills</td>
</tr>
<tr>
<td>- If you have any pain in your arm</td>
<td>- If you have any headache or body ache</td>
</tr>
<tr>
<td>- If you feel unusually tired</td>
<td>- If you have any nausea or vomiting</td>
</tr>
<tr>
<td>- If you feel lightheaded</td>
<td>- If you have any diarrhea</td>
</tr>
</tbody>
</table>

**Contact Us**
1-866-797-0000 Espanol (en español) o español

- If you have any reactions take 12 24 hours after your shot
- If you have any reactions also contact your local health unit

**Pharmacies**
- Call your local pharmacy
- Schedule your appointment
- Report any reactions

- Local Pharmacies
- 911 Anytime
COVID-19 Vaccine
After care

Talk to a real person 24/7 in over 200 languages: 519-514-1499
Deaf and hard of hearing (TTY): 519-575-4608
regionofwaterloo.ca/VaccineCommunity