



Soo-booqdayaasha Soo Jeesta

Haddii aad leedahay mid ka mid ah astaamaha soo socda ee COVID:

- Qandho iyo / ama dhaxan
- Qufac
- Neef yari
- Dareenka urta ama dhadhanka oo yaraaday
- Cune xanuun
- Wax liqidda oo adkaata
- Indho casaan ah
- Sanka oo diifku ka dareero ama xirma
- Madax xanuun
- Dhibaatooyin la xiriira dheefshiidka sida lallabo/mantag, shuban, calool xanuun
- Murqo xanuun aan la garanayn iyo xanuun
- Daal aad u daran
- Qofka oo dhulka ku dhaca badanaa

AMA waxaad la kulantay qof qaba COVID-19 ama qof ay ku dhaceen astaamo cusub oo neefsashada ah **fadlan ha galin rugta caafimaadka** OO la xiriir midkood

- daryeel caafimaad bixiyahaaga
- Telehealth Ontario (1-866-797-0000)
- Ama booqo Xarunta Qiimeynta si aad isku baarto

Si aad dib uguhesho fadlan isticmaal xulashada baajinta fariintaada xaqiijinta ama wac 519-575-4400.



COVID-19 Vaccine

Clinic Symptom Screening Tool

1. Miyaad leedahay wax astaamo ama calaamado ah oo cusub ama kasii daraya kuwasi oo lagu liis gareeyay dhanka kale ee boggaan? Astaamuhu waa inaysan noqon kuwo aad u daran ama la xiriira sababo ama xaalado la garanayo.

Haa Maya

2. Miyaad u safartay meel ka baxsan Canada 14kii maalmood ee lasoo dhaafay? Haddii aad tahay shaqaale muhiim ah oo si joogto ah shaqo darteed uga gudba had iyo jeer xadka u dhexeeya Canada iyo Maraykanka, xulo "Maya".

Haa Maya

3. 14kii maalmood ee lasoo dhaafay, miyaa qeybta caafimaadka bulshadu tilmaantay inaad adigu tahay qof aad ugu dhawaaday qof haatan qaba COVID-19?

Haa Maya

4. Miyaa dhaqtar, bixiyaha daryeel caafimaad, ama qeybta caafimaadku bulshadu kuu sheegtay in haatan ay tahay in lagaa gooni yeelo dadka kale (adigoo guriga joogaya)?

Haa Maya

5. 14kii maalmood ee lasoo dhaafay, ma heshay ogeysiis ku saabsan COVID inaad baylah u gashay oo kuugu soo dhacay taleefankaaga? Haddii aadba aadday baaritaan oo ma qabtid fayraska lagu soo yiri, xulo, "Maya".

Haa Maya

Haddii mas'uulkaagu uga jawaabay **MAYA** dhammaan su'aalaha min 1 ilaa 5, waa uu sii wadi karaa

Haddii mas'uulkaagu uga jawaabay **HAA** wax ka mid ah su'aalaha min 1 ilaa 5, ma sii wadi karo waana inuu dib u dhigo ballantiisa



Talk to a real person 24/7 in over 200 languages: 519-514-1499
Deaf and hard of hearing (TTY): 519-575-4608
regionofwaterloo.ca/VaccineCommunity