Meeting Notes

Consumption and Treatment Services Community Advisory Group (CAG) - Meeting December 7, 2022 via Microsoft Teams

- The meeting began with a moment to recognize those who have been lost to overdoses in Waterloo Region.
- The group discussed the history of the CTS.
- Standing updates were discussed including site operations, full-site service planning, community engagement, and safety and security.
- In total, from January 2022 to October 2022, the CTS had 11,205 visits. On average, there have been 36.8 visits per day and an average of 209 unique clients each month.
- The CTS resumed the operation of all consumption booths as of November 7, 2022.
- The Rapid Access Addiction Medicine (RAAM) clinic continues to take virtual and in-person appointments. Walk-in appointments are also accepted.
- Region of Waterloo Public Health is currently evaluating the impacts of the CTS.
- The meeting concluded with a round table discussion. Interest was expressed from the Group regarding inviting a guest speaker related to housing, encampments and/or mental health to attend a future meeting.
- The next meeting of the CAG is scheduled for February 2023.

Consumption and Treatment Services Community Advisory Group (CAG) - Meeting October 12, 2022 via Microsoft Teams

- The meeting began with a moment to recognize those who have been lost to overdoses in Waterloo Region.
- The group discussed what a service user would experience while visiting the site. A virtual video tour was presented and the referral process for service user internal and external supports was also discussed.
- Standing updates were discussed including site operations, full-site service planning, community engagement, and safety and security.
- In total, from January 2022 to August 2022, the CTS had 9130 visits. On average, there have been 37.7 visits per day, and an average of 204 unique clients each month.
- The CTS still has capacity limits, limiting the number of people that can be in the building at one time.
• The Rapid Access Addiction Medicine (RAAM) clinic continues to take virtual and in-person appointments. Walk-in appointments are also accepted.
• Region of Waterloo Public Health is planning the evaluation of the impacts of the CTS.
• The meeting concluded with a round table discussion.
• The next meeting of the CAG is scheduled for December 2022.

Consumption and Treatment Services Community Advisory Group (CAG)  
- Meeting August 17, 2022 via Microsoft Teams

• The meeting began with a moment to recognize those who have been lost to overdoses in Waterloo Region.
• The group discussed harm reduction philosophy and practice, and stigma against people who use drugs.
• Standing updates were discussed including site operations, full-site service planning, community engagement, and safety and security.
• In total, from January 2021 to June 2022, the CTS had 6587 visits. On average, there have been 2 more visits per day, and 23 more unique clients, over the last 6 months compared with those averages as of June.
• The CTS still has capacity limits, limiting the number of people that can be in the building at one time.
• The Rapid Access Addiction Medicine (RAAM) clinic continues to take virtual and in-person appointments. Walk-in appointments are also accepted.
• The Safer Supply Program continues to take appointments for registered clients.
• Region of Waterloo Public Health is planning the evaluation of the impacts of the CTS.
• The meeting concluded with a round table discussion.
• The next meeting of the CAG is scheduled for October 2022.

Consumption and Treatment Services Community Advisory Group (CAG)  
- Meeting June 6, 2022 via Microsoft Teams

• The meeting began with a moment to recognize those who have been lost to overdoses in Waterloo Region.
• The group discussed the medication, naloxone, and how it is used in an overdose situation. Group members requested more information about how to obtain a naloxone kit and receive training to use it.
• Standing updates were discussed including site operations, full-site service planning, community engagement, and safety and security.
• In total, from November 2021 to April 2022, the CTS had 6219 visits. On average, there have been 2 more visits per day, and 5 more unique clients, over the last 6 months compared with those averages as of April.
• The CTS still has capacity limits, limiting the number of people that can be in the building at one time.
• The Rapid Access Addiction Medicine (RAAM) clinic continues to take virtual and in-person appointments. Walk-in appointments are also accepted.
• The Safer Supply Program continues to take appointments for registered clients.
• Region of Waterloo Public Health is planning the evaluation of the impacts of the CTS.
• The meeting concluded with a round table discussion.
• The next meeting of the CAG is scheduled for August 2022.

Consumption and Treatment Services Community Advisory Group (CAG) – Meeting April 4, 2022 via Microsoft Teams

• The meeting began with a moment to recognize those who have been lost to overdoses in Waterloo Region.
• The group discussed the types of drugs most commonly used at the CTS and the differences in reactions they produce, the complex reasons why people use the drugs they use, and the stigma associated with drug use.
• Standing updates were discussed including site operations, full-site service planning, community engagement, and safety and security.
• Site visits in December 2021 and January 2022 were the highest the CTS has ever had. December 2021 had 1128 visits to the site and January 2022 had 1136 visits.
• The CTS still has capacity limits, limiting the number of people that can be in the building at one time.
• The Rapid Access Addiction Medicine (RAAM) clinic continues to take virtual and in-person appointments. Walk-in appointments are also accepted.
• The Safer Supply Program continues to take appointments for registered clients.
• Region of Waterloo Public Health is in the process of developing a plan to evaluate the impacts of the CTS.
• The meeting concluded with a round table discussion.
• The next meeting of the CAG is scheduled for June 2022.
The meeting began with a moment of silence to recognize those who have been lost to overdoses in Waterloo Region.

Group discussion to answer questions members had regarding CTS operations and the people the site supports.

Standing updates were discussed including site operations, full-site service planning, community engagement, and client feedback.

Site visits in December 2021 were the highest the CTS has ever had. December 2021 had 1128 visits to the site.

In total, 2021 had 8830 visits to the site. This is a 52% increase in the number of visits compared to 2020, which had 5797 total visits.

Throughout operations in 2020 and 2021, the number of consumption booths opened has had to change in response to COVID-19. Oftentimes decreases in monthly site visit numbers can be linked with fluctuations in COVID-19 and the need to adjust services.

The Rapid Access Addiction Medicine (RAAM) clinic continues to take virtual and in-person appointments. Walk-in appointments are also accepted.

The Safer Supply Program continues to take appointments for registered clients.

The CTS webpage on the Region of Waterloo website has recently been updated and includes a frequently asked questions tab.

The meeting concluded with a round table discussion.

Group members expressed interest in learning opportunities about the CTS.

The next meeting of the CAG is scheduled for April 2022.