What do you like best about your job?  
I enjoy working with an incredible and supportive team of colleagues, the variety of each and every day, and most importantly, the genuine satisfaction of working to improve and maintain the health of our public.

Describe your typical day?  
One of the best things about working for Region of Waterloo Public Health is that every day is different with new surprises to keep you on your toes. I could be answering calls on the Infectious Disease Intake Lines where I field questions from the public, physician offices, as well as hospitals. I could be participating in one of our Tuberculosis Clinics where I see clients who are either being screened or treated for tuberculosis. I could be out in the community delivering tuberculosis medication to clients or giving a presentation to students at one of our region’s universities or colleges.

How are you making a difference?  
Being able to give back to the community you live in is one of the special perks of working for the Region and really makes coming into work an easy task. However, there are times when you are dealing with very sensitive and emotional situations involving various infectious diseases. Being able to help individuals and families through these situations in any way you can and eventually seeing smiles back on their faces shows I am making a difference.

What do you like about working or living in Waterloo Region?  
Working and living in the region is something I really value as I was born and raised here. I now have the opportunity to give back to the same place that helped me grow into who I am today. The benefits of working for the Region are endless and living here is even better! You will always find something to do within the region from our many festivals and community events to the natural trails, parks and the beautiful Grand River!
Why did you choose to work for Region of Waterloo Public Health?
There were many factors associated with my decision to work for the Region, but the biggest was their reputation. I consulted with many colleagues who are employed within various public health units around the province and the amount of respect for our Region as a place of employment was very high. The values that the Region holds and encourages, including service, integrity, respect, innovation and collaboration truly make this place stand out from the crowd.

What would you tell someone considering a career as a Public Health Nurse?
If you are considering a career as a Public Health Nurse you can look forward to a variety of roles, a very supportive and positive environment, a vast knowledge base, ongoing self-directed learning, collaboration with numerous professionals and many opportunities to further your career and education.

Areas you could work in:
• Breastfeeding and Positive Parenting
• Child and Family Health
• Healthy Communities, Schools and Workplaces
• Healthy Eating and Active Communities
• Infectious Disease and Tuberculosis Control
• Injury and Substance Misuse Prevention
• Reproductive Health and Healthy Family Dynamics
• Sexual Health and Harm Reduction
• Tobacco and Cancer Prevention
• Vaccine Preventable Disease

Qualifications you need:
• Certificate of Competence as a Registered Nurse with the College of Nurses of Ontario
• Baccalaureate in Nursing that includes preparation in Public Health Nursing or Diploma in Public Health Nursing
• Program area-specific qualifications and skills

Related positions at Public Health:
• Nurse Practitioner
• Nurse Specialist

Wage/salary range:
• Approximately $63,300 to $86,300 annually (2015 rates)