



BRIEFING NOTE

COVID-19 media briefing notes - Karen Redman April 13, 2020

Sympathy statement

I would like to begin with expressing my sincerest sympathies to those who have lost loved ones to COVID-19.

Our thoughts are with those who are currently ill, and to family and friends who are worried about them.

Easter and Upcoming Religious celebrations

For those who celebrated Easter this past weekend, I hope you and your families found other ways to reach out to each other over the holidays.

While COVID-19 has disrupted many traditions over this holiday season, I personally found great pleasure connecting virtually with my family and especially with my grandchildren.

To maintain physical distancing, we hope that those celebrating Passover, Orthodox Easter and Ramadan in the coming weeks, will continue to reach out virtually to their family and friends.

Misinformation online

One of the most stressful parts of COVID-19 has been the uncertainty of not knowing when things will return to normal. Many of you are trying to find answers online and on social media.



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I want to encourage everyone to check the sources of the information you're getting online. Ensure that the information is coming from a reputable source and is evidence based.

A good place for local information is our COVID-19 Information Centre on the Region of Waterloo's website.

Physical distancing is working

I want to personally thank everyone who continues to practice physical distancing and limiting the amount of times they leave their homes.

We know that your efforts are working and are more important than ever.

You are not only protecting yourself and your family, you are protecting our entire community.

Thank you for staying home to protect those who cannot.