

**SERVICES AND REFERRALS TO SUPPORT THE DEVELOPMENT OF CHILDREN AGED  
0-6 IN WATERLOO REGION BY AREA OF CONCERN \***



<b>HEARING, SPEECH &amp; LANGUAGE</b>	<b>Phone No.</b>
Refer to your local directory for Audiologists or speak to your doctor	
<b>Central West Infant Hearing Program (ErinoakKids)</b> <a href="http://www.erinoakkids.ca">www.erinoakkids.ca</a> <ul style="list-style-type: none"> <li>Hearing screening, education and support services for children with permanent hearing loss</li> </ul>	<b>1-877-374-6625</b>
<b>KidsAbility Centre for Child Development</b> <a href="http://www.kidsability.ca">www.kidsability.ca</a> <ul style="list-style-type: none"> <li>Assessment and therapy services for children with developmental and physical concerns (includes speech, occupational therapy, physiotherapy, social work and recreation therapy)</li> </ul>	<b>519-886-8886 ext. 1214</b>
<b>E.C. Drury School for the Deaf (Milton)</b> <a href="http://www.psbnet.ca/eng/schools/ecd">www.psbnet.ca/eng/schools/ecd</a> <ul style="list-style-type: none"> <li>Preschool home visiting program for children with hearing loss in Waterloo Region</li> </ul>	<b>1-905-878-2851</b>
<b>Robarts School for the Deaf (London)</b> <a href="http://www.robartsschool.ca">www.robartsschool.ca</a> <ul style="list-style-type: none"> <li>Preschool home visiting program for children with hearing loss in Waterloo Region</li> </ul>	<b>1-866-640-0044</b>
<b>Canadian Hearing Society – Waterloo Region</b> <a href="http://www.chs.ca">www.chs.ca</a> <ul style="list-style-type: none"> <li>Support for deaf, deafened and hard of hearing individuals and their families</li> </ul>	<b>519-744-6811</b>

<b>VISION</b>	<b>Phone No.</b>
Refer to your local directory for Optometrists	
<b>Central West Blind Low Vision Program (ErinoakKids)</b> <a href="http://www.erinoakkids.ca">www.erinoakkids.ca</a> <ul style="list-style-type: none"> <li>Early intervention and family support</li> </ul>	<b>1-877-374-6625</b>
<b>Canadian National Institute for the Blind (CNIB)</b> <a href="http://www.cnib.ca">www.cnib.ca</a> <ul style="list-style-type: none"> <li>Early intervention vision screening and other supports</li> </ul>	<b>519-742-3536</b>

<b>DEVELOPMENTAL/ PHYSICAL/ SPECIAL NEEDS/ AUTISM</b>	<b>Phone No.</b>
<b>Infant and Child Development</b> <a href="http://www.regionofwaterloo.ca/specialneedskids/">www.regionofwaterloo.ca/specialneedskids/</a> <ul style="list-style-type: none"> <li>Family centered early intervention services for children with developmental delays</li> </ul>	<b>519-575-4400 TTY 519-575-4608</b>
<b>KidsAbility Centre for Child Development</b> <a href="http://www.kidsability.ca">www.kidsability.ca</a> <ul style="list-style-type: none"> <li>Assessment and therapy services for children with developmental and physical concerns (includes speech, occupational therapy, physiotherapy, social work and recreation therapy)</li> </ul>	<b>519-886-8886 ext. 1214</b>
<b>Special Needs Access Point (SNAP)</b> <a href="http://www.regionofwaterloo.ca/SNAP">www.regionofwaterloo.ca/SNAP</a> <ul style="list-style-type: none"> <li>Single point of access to coordinate services for children with developmental concerns attending or planning to attend licensed child care. Includes services offered by KW Habilitation Early Learning, Child Care and Family Resources, and KidsAbility (SPOT) program</li> </ul>	<b>519-883-2022</b>
<b>Developmental Services Resource Centre</b> <a href="http://www.dscwr.com">www.dscwr.com</a> <ul style="list-style-type: none"> <li>Access to Children’s Developmental Services, including autism and intellectual disabilities, service coordination, behavioural support, social work, individual counseling, and resource support</li> </ul>	<b>519-741-1121</b>
<b>Waterloo Region Family Network</b> <a href="http://www.wrfn.info">www.wrfn.info</a> <ul style="list-style-type: none"> <li>Family driven support, knowledge, mentoring, children’s programming, and workshops. Family Resource Coach to navigate services and supports (official diagnosis is not necessary).</li> </ul>	<b>519-886-9150</b>
<b>Central West Autism Intervention Services (ErinoakKids)</b> <a href="http://www.erinoakkids.ca">www.erinoakkids.ca</a> <ul style="list-style-type: none"> <li>Children birth to 18 years with confirmed diagnosis of moderate-to-severe autism</li> </ul>	<b>1-877-374-6625</b>

<b>MENTAL HEALTH / BEHAVIOUR</b>	<b>Phone No.</b>
<b>Here 24/7</b> <a href="http://here247.ca/">http://here247.ca/</a> <ul style="list-style-type: none"> <li>Provide intake, assessment, referral, crisis, waitlist and appointment booking for 12 agencies across Waterloo-Wellington</li> </ul>	<b>1-844-437-3247</b>
<b>Front Door (Children’s Mental Health Access Centre Lutherwood &amp; Carizon)</b> <a href="http://www.frontdoormentalhealth.ca">www.frontdoormentalhealth.ca</a> <ul style="list-style-type: none"> <li>Intake services for children’s mental health services (also provides a walk-in clinic)</li> </ul>	<b>519-749-2932</b>
<b>Carizon – Community Services Department</b> <a href="http://www.carizon.ca">www.carizon.ca</a> <ul style="list-style-type: none"> <li>Support for young children experiencing social, emotional and/or behaviour issues</li> </ul>	<b>519-741-1122</b>
<b>Developmental Services Resource Centre</b> <a href="http://www.dscwr.com">www.dscwr.com</a> <ul style="list-style-type: none"> <li>Access to Children’s Developmental Services, including autism and intellectual disabilities, service coordination, behavioural support, social work, individual counseling, and resource support</li> </ul>	<b>519-741-1121</b>

\*For most up-to-date version of the Service Pathway and Referral List go to: Region of Waterloo Public Health and Emergency Services website (<http://chd.region.waterloo.on.ca/en/index.asp>) and search “referral list”

<b>PARENTING SUPPORTS</b>		<b>Phone No.</b>
<b>Ontario Early Years Centres</b> <a href="http://www.earlyyearsinfo.ca">www.earlyyearsinfo.ca</a> <ul style="list-style-type: none"> <li>One stop locations for parenting resources, information and programs in Cambridge (C), Kitchener (K), Waterloo (W) and the surrounding townships.</li> </ul>	<b>519-740-8353 (C)</b> <b>519-571-1626 (K)</b> <b>519-741-8585 (W)</b>	
<b>Healthy Babies Healthy Children Program</b> <a href="http://www.regionofwaterloo.ca/ph">www.regionofwaterloo.ca/ph</a> <ul style="list-style-type: none"> <li>Prenatal, postpartum and early childhood screening &amp; assessment for parents and families with children from birth to six years</li> </ul>	<b>519-575-4400</b> <b>TTY 519-575-4608</b>	
<b>Family and Children's Services of Waterloo Region</b> <a href="http://www.facswaterloo.org">www.facswaterloo.org</a> <ul style="list-style-type: none"> <li>Child protection, counselling, supervision &amp; supportive programs for families with children at risk</li> </ul>	<b>519-576-0540</b>	
<b>Infant and Toddler Safety Association</b> <a href="http://www.infantandtoddlersafety.ca">www.infantandtoddlersafety.ca</a> <ul style="list-style-type: none"> <li>Information and resources on child safety including car seats</li> </ul>	<b>519-570-0181</b>	
<b>Carizon – Community Services Department</b> <a href="http://www.carizon.ca">www.carizon.ca</a> <ul style="list-style-type: none"> <li>Education services for parents including resource library, parent information and workshops</li> </ul>	<b>519-741-1122</b>	
<b>Waterloo Region Family Network</b> <a href="http://www.wrfn.info">www.wrfn.info</a> <ul style="list-style-type: none"> <li>Family driven support, knowledge, mentoring, children's programming, and workshops. Family Resource Coach to navigate services and supports (official diagnosis is not necessary).</li> </ul>	<b>519-886-9150</b>	
<b>COUNSELLING</b>		<b>Phone No.</b>
For additional counselling service providers, call <b>Here 24/7</b> (1-844-437-3247) or <b>211</b>		
<b>K-W Counselling Services</b> ( <i>walk-in clinic available</i> ) <a href="http://www.kwcounselling.com">www.kwcounselling.com</a>	<b>519-884-0000</b>	
<b>Carizon Family and Community Services</b> ( <i>walk-in clinic available</i> ) <a href="http://www.carizon.ca">www.carizon.ca</a>	<b>519-743-6333</b>	
<b>Family Counselling Centre of Cambridge and North Dumfries</b> <a href="http://fccnd.com/">http://fccnd.com/</a>	<b>519-621-5090</b>	
<b>Interfaith Community Counselling Centre</b> <a href="http://www.interfaithcounselling.ca/">www.interfaithcounselling.ca/</a>	<b>519-662-3092</b>	
<b>Woolwich Counselling Centre</b> <a href="http://www.woolwichcounselling.org">www.woolwichcounselling.org</a>	<b>519-669-8651</b>	
<b>Shalom Counselling</b> <a href="http://www.shalomcounselling.org">www.shalomcounselling.org</a>	<b>519-886-9690</b>	
<b>White Owl Native Ancestry</b> (for First Nations, Metis and Inuit Peoples) <a href="http://wonaa.ca/">http://wonaa.ca/</a>	<b>519-576-1329 ext. 2798</b>	
<b>Muslim Social Services of Kitchener-Waterloo</b> <a href="http://muslimsocialserviceskw.org/">http://muslimsocialserviceskw.org/</a>	<b>(519) 772-4399 ext. 2707</b>	
<b>FAMILY NEEDS</b>		<b>Phone No.</b>
<b>Family Outreach Program</b> <a href="http://www.familyoutreach.ca">www.familyoutreach.ca</a> <ul style="list-style-type: none"> <li>Assist families to access the services they need in their own communities such as employment, education, recreation, food, shelter, child care, counselling and transportation</li> </ul>	<b>519-742-8327</b>	
<b>NUTRITION / FEEDING</b>		<b>Phone No.</b>
<b>Nutri-eSTEP</b> <a href="http://www.nutritionscreen.ca">www.nutritionscreen.ca</a> <ul style="list-style-type: none"> <li>Eating habits survey for toddlers and preschoolers</li> </ul>	<b>1-877-510-5102</b>	
<b>EatRight Ontario</b> <a href="http://www.eatrightontario.ca">www.eatrightontario.ca</a> <ul style="list-style-type: none"> <li>Registered Dietitians will answer questions about nutrition, NutriSTEP® and Nutri-eSTEP</li> </ul>	<b>1-877-510-5102</b>	
<b>Breastfeeding</b> <a href="http://chd.region.waterloo.on.ca/en/clinicsclassesfairs/breastfeeding.asp">http://chd.region.waterloo.on.ca/en/clinicsclassesfairs/breastfeeding.asp</a> <ul style="list-style-type: none"> <li>Public Health Breastfeeding Services is a free clinic offering one-to-one breastfeeding assessments, advice and referrals to community supports</li> </ul>	<b>519-575-4400</b> <b>TTY 519-575-4608</b>	
<b>The Food Bank of Waterloo Region</b> <a href="http://www.thefoodbank.ca/en/index.asp">www.thefoodbank.ca/en/index.asp</a> <b>Cambridge Self Help Food Bank</b> <a href="http://www.cambridgefoodbank.on.ca/">www.cambridgefoodbank.on.ca/</a> <ul style="list-style-type: none"> <li>For connection to emergency sources of food, call Food Bank of Waterloo Region (KW) or the Cambridge Self Help Food Bank (C) for more information about specific neighbourhood programs.</li> </ul>	<b>519-573-5576 (KW)</b> <b>519-622-6550 (C)</b>	
<b>KidsAbility Centre for Child Development</b> <a href="http://www.kidsability.ca">www.kidsability.ca</a> <ul style="list-style-type: none"> <li>Occupational therapy, speech and language assessment, and intervention services available for clients with complex physical feeding needs</li> </ul>	<b>519-886-8886 ext. 1214</b>	
<b>DENTAL</b>		<b>Phone No.</b>
Refer to your local directory for Dentists		
<b>Region of Waterloo Public Health</b> <a href="http://chd.region.waterloo.on.ca/en/healthylivinghealthprotection/resources/financialassistancecedentalreatment.pdf">http://chd.region.waterloo.on.ca/en/healthylivinghealthprotection/resources/financialassistancecedentalreatment.pdf</a> <ul style="list-style-type: none"> <li>Provides information on financial assistance for dental treatment</li> </ul>	<b>519-575-4400 ext. 5010</b> <b>TTY 519-575-4608</b>	

Looking for a **family physician**? Call Health Care Connect at: **1-800-445-1822** or visit:  
<http://www.health.gov.on.ca/en/ms/healthcareconnect/pro/>