

Sleep and your new baby

Get to know more about your baby's
sleep cycle and how to respond.

Reserve your
spot today at
www.earlyyearsinfo.ca

Questions?
Looking for more information?
Call the EarlyON Child and Family Centres
519-741-8585

A free session for parents of newborns from birth to 12 weeks of age.
You may bring a family member or friend for support.



Register online now!
www.earlyyearsinfo.ca/sleep-sessions

