

Know When to Self-monitor, Self-isolate or Send your Child to School

Definitions:

Fully vaccinated: 14 days or more have passed since receiving a second dose of a two-dose COVID-19 vaccine series or receiving a single dose of a one-dose COVID-19 vaccine series

Partially vaccinated: Less than 14 days have past since receiving the second dose of a two-dose COVID-19 vaccine series, or receiving only one dose of a two-dose COVID-19 vaccine series

Unvaccinated: No COVID-19 vaccine doses received

Previously positive: Received a positive result for COVID-19 and have been cleared by Public Health in the past 90 days since the initial positive result

Students should complete the [Ontario School Screening tool](#) before each school day and follow the instructions provided by the tool.

What if...

Your child has symptoms of COVID-19, IS NOT a close contact of a case of COVID-19 in the past 14 days and HAS NOT travelled in the past 14 days:

- Your child should stay home, [self-isolate](#) and get tested as soon as possible.
 - **Unvaccinated or partially vaccinated** siblings/household members should stay home and [self-isolate](#) until the symptomatic child's COVID-19 test results are confirmed
 - **Fully vaccinated or previously positive** siblings/household members do not need to stay home but should continue to follow recommended public health measures (masking, physical distancing, handwashing, etc.)
- **Negative Test Result:** If your child's test result is negative, they can stop self-isolating and return to school once it has been at least 24 hours (or 48 hours for gastrointestinal symptoms such as nausea, vomiting and diarrhea) since their symptoms started improving and they have not had a fever (without using medication).
- **Positive Test Result:** See [Your child tests positive for COVID-19](#)
- **If your child does not get tested** they must [self-isolate](#) at home for ten days from when their symptoms started, unless a health care professional provides an alternative diagnosis for your child.
 - All **unvaccinated or partially vaccinated** siblings/household members must also [self-isolate](#) for ten days from their last contact with the symptomatic child if the child has not been given an alternative diagnosis by a health care professional

Your child has symptoms of COVID-19, and is a close contact of a COVID-19 case in the past ten days or has travelled in the past 14 days:

- Your child should stay home, [self-isolate](#) and get tested as soon as possible.
 - **Unvaccinated or partially vaccinated** siblings/household members should stay home and [self-isolate](#) until the symptomatic child's COVID-19 test results are confirmed
 - **Fully vaccinated or previously positive** siblings/household members do not need to stay home but should continue to follow recommended public health measures (masking, physical distancing, handwashing, etc.)
- **Negative Test Result:** If your child's test result is negative, they need to continue to [self-isolate](#) for ten days from their last contact with the COVID-19 case or 14 days from their return from travel.
 - **Unvaccinated or partially vaccinated** siblings/household members can return to work/school, and leave home for essential reasons (work, school/child care, essential groceries/pharmacy and medical appointments) as long as they **ARE ABLE** to effectively isolate away from the high-risk child
 - **Unvaccinated or partially vaccinated** siblings/household members that **ARE NOT ABLE** to effectively isolate away from the child, must follow the same isolation requirements as the child
- **Positive Test Result:** See [Your child tests positive for COVID-19](#)
- **If your child does not get tested,** they must [self-isolate](#) for ten days from when their symptoms started, or ten days from their last exposure to a positive case or 14 days from their return from travel whichever is longest.
 - **Unvaccinated or partially vaccinated** siblings/household members must also [self-isolate](#) for ten days from their last date of contact with the symptomatic child, or as directed by Public Health
 - If any household members (regardless of vaccination status) develop symptoms, they should contact Public Health for further guidance around [self-isolation](#), testing and return to work/school

Your child tests positive for COVID-19:

- Your child must [self-isolate](#) for ten days from when their symptoms began or as directed by Public Health. They can return to school when cleared by Public Health.
- **Unvaccinated or partially vaccinated** siblings/household members need to [self-isolate](#) for ten days from their last date of contact with the positive child.
- **Fully vaccinated or previously positive** siblings/household members do not need to stay at home but should continue to follow recommended public health measures (masking, physical distancing, handwashing, etc.). Contact your employer or your child's school administrator regarding return to work/school guidance.
- If any household members (regardless of vaccination status) develop symptoms, they should contact Public Health for further guidance around [self-isolation](#), testing and return to work/school.

Your child was in close contact (high-risk contact) with someone who has COVID-19 or was directed by Public Health to [self-isolate](#) (e.g., in the same cohort as a case at school):

If your child is asymptomatic:

- Your child must [self-isolate](#) at home for ten days from their last contact with a COVID-19 case, monitor for symptoms, and, get tested seven days or more after their last contact with the case. Public Health will provide further direction.
- **Unvaccinated or partially vaccinated** siblings/household members who cannot isolate away from an asymptomatic high-risk child must follow the same isolation requirements as the high-risk child.
 - **Unvaccinated or partially vaccinated** siblings/household members can return to work/school, and leave home for essential reasons (work, school/child care, essential groceries/pharmacy and medical appointments) as long as they **ARE ABLE** to effectively isolate away from the high-risk child
- **Fully vaccinated or previously positive** siblings/household members who **ARE NOT ABLE** to isolate from an asymptomatic high-risk child do not need to follow the isolation requirements of the high-risk child and do not need to stay at home but should continue to follow recommended public health measures (masking, physical distancing, handwashing, etc.).

If your child is symptomatic:

- Your child should be tested as soon as possible.
 - **Unvaccinated or partially vaccinated** siblings/household members should stay home and [self-isolate](#) until the symptomatic child's COVID-19 test results are confirmed
 - **Fully vaccinated or previously positive** siblings/household members do not need to stay at home but should continue to follow recommended public health measures (masking, physical distancing, handwashing, etc.).
- **Negative Test Result:** If your child's test result is negative, they need to continue to [self-isolate](#) for ten days from their last contact with a COVID-19 case.
 - **Unvaccinated or partially vaccinated** siblings/household members can return to work/school, and leave home for essential reasons (work, school/child care, essential groceries/pharmacy and medical appointments) as long as they **ARE ABLE** to effectively isolate away from the high-risk child
 - **Unvaccinated or partially vaccinated** siblings/household members that **ARE NOT ABLE** to effectively isolate away from the child, they must isolate and follow the same isolation requirements as the child
- **Positive Test Result:** See [Your child tests positive for COVID-19](#)
- **If your child does not get tested** they must [self-isolate](#) for ten days from when their symptoms started, or ten days from their last exposure to a positive case whichever is longest.
 - **Unvaccinated or partially vaccinated** siblings/household members must also [self-isolate](#) for ten days from their last contact with the symptomatic child, or as directed by Public Health
 - If any household members (regardless of vaccination status) develop symptoms, they should contact Public Health for further guidance around [self-isolation](#), testing and return to work/school

A household member of your child (but not your child) was in close contact with someone who tested positive for COVID-19:

- The household member who was in close contact with a COVID-19 case must [self-isolate](#)

at home for ten days from their last contact with a COVID-19 case, and monitor for symptoms. Public Health will provide further direction.

- **Unvaccinated or partially vaccinated** children/household members can return to work/school, and leave home for essential reasons (work, school/child care, essential groceries/pharmacy and medical appointments) as long as they **ARE ABLE** to effectively isolate away from the asymptomatic high-risk contact
- **Fully vaccinated or previously positive** children/household members do not need to stay home but should continue to follow recommended public health measures (masking, physical distancing, handwashing, etc.)
- If the household member who is a close contact develops symptoms of COVID-19 while they are [self-isolating](#), they should get tested as soon as possible.
 - **Unvaccinated or partially vaccinated** children/household members will also have to stay home and [self-isolate](#) until the household member's COVID-19 test results are confirmed
 - **Fully vaccinated or previously positive** children/household members do not need to stay home but should continue to follow recommended public health measures (masking, physical distancing, handwashing, etc.)
 - If any other household members (regardless of vaccination status) develop symptoms, they should contact Public Health for further guidance around [self-isolation](#), testing and return to work/school

A household member of your child (but not your child) has travelled outside of Canada in the last 14 days:

- The household member must refer to the [Federal Quarantine Requirements](#) to determine their testing and isolation requirements.
- Your child can go to school as long as they did not travel and do not have symptoms. They should [self-monitor](#). Refer to the [Federal Quarantine Requirements](#) to determine if your child is required to isolate away from the returning traveler.
- If the household member develops symptoms of COVID-19 within 14 days after arrival they must [self-isolate](#) and get tested as soon as possible.
 - **Unvaccinated or partially vaccinated** children/household members will also have to stay home and [self-isolate](#) until the individual's COVID-19 test results are confirmed
 - **Fully vaccinated or previously positive** children/household members do not need to stay at home but should continue to follow recommended public health measures (masking, physical distancing, handwashing, etc.)
 - If any other household members (regardless of vaccination status) develop symptoms, they should contact Public Health for further guidance on [self-isolation](#), testing and return to work/school

For testing scenario's and next steps, you can also refer to [COVID-19 Tested! Now what?](#)