Dear Home Child Care Parent,

Welcome to Home Child Care

The purpose of this handbook is to give you helpful information about Home Child Care. The information in this handbook will be useful to you now, as a new parent in our program, and later, as a reference guide to our program and its policies.

Please call us any time you have questions or concerns. We want to work in partnership with you to make Home Child Care a positive experience for you and your child.

Office Hours: 8:30 a.m. to 4:30 p.m. Monday - Friday

Consultants’ voice mail available 24 hours a day

**Waterloo Office** - 99 Regina St S, Waterloo, ON N2J 4G6

**Kitchener Office** – 20 Weber St. E., Kitchener, ON N2H 1C3

**Cambridge Office** - 150 Main St, Cambridge, ON N1R 6P9

Phone: (519) 575-4400 and ask for Home Child Care

TTY: (519) 575-4608
# Table of Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Region of Waterloo Home Child Care</td>
<td></td>
</tr>
<tr>
<td>• Welcome</td>
<td>6</td>
</tr>
<tr>
<td>Philosophy and Program Statement</td>
<td>7-10</td>
</tr>
<tr>
<td>Prohibited Practices</td>
<td>11</td>
</tr>
<tr>
<td>Home Child Care</td>
<td></td>
</tr>
<tr>
<td>• What is Home Child Care</td>
<td>12</td>
</tr>
<tr>
<td>• Who are the Staff in Home Child Care</td>
<td>12</td>
</tr>
<tr>
<td>• Who are the Caregivers and how are they</td>
<td>12</td>
</tr>
<tr>
<td>Chosen</td>
<td></td>
</tr>
<tr>
<td>• Hours of Operation</td>
<td>13</td>
</tr>
<tr>
<td>• Parent Forms</td>
<td>13</td>
</tr>
<tr>
<td>Process of Referral to Caregiver Home</td>
<td></td>
</tr>
<tr>
<td>• Before Choosing Your Caregiver</td>
<td>14</td>
</tr>
<tr>
<td>• The First Day</td>
<td>14</td>
</tr>
<tr>
<td>Your Child in Home Child Care</td>
<td></td>
</tr>
<tr>
<td>• Infants/Toddlers</td>
<td>15</td>
</tr>
<tr>
<td>• Preschoolers</td>
<td>15</td>
</tr>
<tr>
<td>• School Age Children</td>
<td>15</td>
</tr>
<tr>
<td>• Child Development/Evaluation</td>
<td>16</td>
</tr>
<tr>
<td>• Developmental Screening</td>
<td>16</td>
</tr>
<tr>
<td>• Sleeping Arrangements and Supervision</td>
<td>16</td>
</tr>
</tbody>
</table>
• Emergency Contact  16
• Supervision of Volunteers, Students and Other Persons in the Home  16-17
• Serious Occurrences  17
• Standing and Recreation Bodies of Water - On Premise  17
• Outdoor Play and Supervision  18

Enrollment and Service Termination
• Admission and Discharge Policy  19
• Withdrawal from Program /Placement Change  19

Making the Placement Work
• Arrival  20
• Departures and Release of Children  20
• Confidentiality  20
• Opportunities for Parent Involvement  20
• Time to Talk  21

Questions Parents Frequently Ask
• What will my child do all day?  22
• What if my child needs to stay overnight?  22
• What if my child is sick?  22
• Administration of Medication?  23
- Children with Allergies 24-25
- What if there is an emergency with my child? 25
- Will my child receive meals and snacks? 25
- How will the caregiver guide my child’s behaviour? 25-26
- Parent Issues, Concerns and Complaints 26
- Complaints or Concerns 26
- What if my child is not getting along well at the caregiver’s home? 26
- Who will care for my child during my caregiver’s vacation? 26
- What if my caregiver is sick or suddenly cannot care for my child? 27
- School Drop off and Pick up 27

Fees
- Subsidy 28
- Payment of Fees 28
- Fee and Invoices 28
- Statements 28
- Changes to fee schedule 29
- Withdrawal from Program/Placement Change 29
• Overdue accounts  29  
• Attendance  29  
• Contacts/Questions  29  
• Fee Payment Policy for Absences due to  
  Vacation, Statutory Holidays or Illness  29  
• Additional Days  29  
• Billing for confirmed care  30  
• Attendance Registers  30  

Parent Checklist  31-32  

Community Resources  32
Region of Waterloo Home Child Care

Welcome

Who We Are

Welcome to the Region of Waterloo Home Child Care program. Our program is the largest municipally operated Home Child Care program in Ontario. Our staff are Region of Waterloo employees and registered with the College of Early Childhood Educators of Ontario. We contract Home Child Care services from approved caregivers and visit their homes to support them and to ensure they continue to meet Home Child Care policies and the Child Care and Early Years Act legislation.

Vision

The Region of Waterloo has a vibrant, comprehensive system of early learning and childcare that supports the healthy development of all children in our community.

Mission

To be leaders in the development and delivery of early learning and childcare programs and services by:

- Putting the needs and best interests of children first
- Promoting standards of excellence in early childhood education, care and support
- Meeting the needs of children and their families for quality, flexible, accessible and affordable services
- Planning and managing services that are responsive to community needs
Philosophy and Program Statement

The Region of Waterloo Home Child Care program views children as competent, capable of complex thinking, curious and rich in potential. We strive to ensure all children receive quality childcare, which promotes healthy, social, emotional, cognitive and physical development. We do this by:

Assisting parents in choosing care for their children in a supervised home environment that respects all cultures and family values.

Established by:

- Valuing diversity and inclusion across the program
- Asking parents questions about values and beliefs
- Sharing information about the caregiver with the parent
- Promoting strong partnerships between the parent and caregiver

Supporting and endorsing positive and supportive learning environments in a home based setting which fosters children’s exploration, play and inquiry.

Established by:

- Monthly observations at home visits to caregiver homes
- Providing training opportunities and other resources to consultants and caregivers
- Providing pedagogical leadership to caregivers to arrange their homes as supportive learning environments

Involving local community partners when appropriate and allow these partners to support children, families and our agency.

Established by:

- Conducting referrals to other agencies as needed in consultation with the parent and caregiver
• Conducting case conferences to foster support
• Organizing joint events with libraries, community centres and other agencies
• Planning and organizing playgroups to encourage caregiver networking and supportive learning environments

Encouraging children to interact and communicate in a positive way and supporting their ability to self-regulate.

Established by:

• Consultants and caregivers engaging children in conversations that encourage them to understand their feelings
• Consultants and caregivers engaging children in problem solving
• Sharing resources about positive communication and self-regulation with caregivers, parents and children
• Promoting a safe environment to engage children in reflective learning

Providing indoor and outdoor play as well as active play, rest and quiet time through a blend of child initiated and adult supported experiences.

Established by:

• Caregivers utilizing outdoor spaces daily (e.g. backyards, parks, walks, trails)
• Providing a balance of active play, rest and quiet time
• Engaging children in the planning of activities
• Consultants exploring options with caregivers to fully utilize their unique Home Child Care space

Offering resources and providing consultation to caregivers in child development, behavior guidance, nutrition, health, safety and other child related topics.

Established by:
• Consultants reviewing these items with caregivers during monthly visits to their home

• Offering workshops and resources on these topics to both consultants and caregivers

• Referring caregivers, parents and children to other agencies as needed

Facilitating and encouraging continuous professional learning amongst Home Child caregivers and staff.

Established by:

• Encouraging continuous professional learning for consultants and caregivers, promoting ongoing self-reflection

• Providing conferences, workshops and resources for consultants and caregivers

Seeking ongoing communication with parents about their children and the program, looking to incorporate feedback into future planning.

Established by:

• Caregivers and consultants communicating with parents on a regular basis regarding their children

• Seeking feedback from parents through conversations and surveys

• Using parent feedback in future planning of the program

Supporting caregivers to ensure that they continue to meet Home Child Care policies and the Child Care and Early Years Act.

Established by:

• Ongoing communication between consultants and caregivers to confirm they understand requirements

• Monthly visits to homes to document compliance

• Quarterly house inspections completed to ensure further compliance
• Developing policies that support children, parents and caregivers

This Program Statement is reviewed annually by the Home Child Care program. When reviewing the Program Statement, we take into consideration feedback from parents, caregivers and staff. This feedback is received both formally (e.g. surveys) and informally through conversations and observations.
Prohibited Practices

The Region of Waterloo wants to ensure each child has a safe and positive experience that promotes their healthy growth and development. Consultants will observe caregiver interactions with children ensuring that they align with our program statement and beliefs in adult-child interactions. The following practices are prohibited at all times in our caregiver’s homes:

- corporal punishment of the child;
- physical restraint of the child, such as confining the child to a high chair, car seat, stroller or other device for the purposes of discipline or in lieu of supervision, unless the physical restraint is for the purpose of preventing a child from hurting himself, herself or someone else, and is used only as a last resort and only until the risk of injury is no longer imminent;
- locking the exits of the child care centre or Home Child Care premises for the purpose of confining the child, or confining the child in an area or room without adult supervision, unless such confinement occurs during an emergency and is required as part of the licensee’s emergency management policies and procedures;
- use of harsh or degrading measures or threats or use of derogatory language directed at or used in the presence of a child that would humiliate, shame or frighten the child or undermine his or her self-respect, dignity or self-worth;
- all forms of abuse including physical, psychological, sexual, emotional and verbal.
- depriving the child of basic needs including food, drink, shelter, sleep, toilet use, clothing or bedding; or
- inflicting any bodily harm on children including making children eat or drink against their will.

Region of Waterloo Home Child Care operates under regulations set out in The Child Care and Early Years Act.
Home Child Care

What is Home Child Care?
Home Child Care is daily care given in an approved private residence. It is childcare given to a maximum of 6 children from birth to twelve years of age. The caregiver’s children under 4 years are included in this count.

Our agency is licensed by the Ministry of Education. Each home is visited and inspected regularly by a Home Child Care Consultant. The caregivers and our program must follow the legislation in the Child Care and Early Years Act.

Our aim is to assist you in choosing a caregiver who best suits the needs of your child and your family.

Who Are The Staff in Home Child Care?
All Home Child Care staff have a diploma or degree in Early Childhood Education, which is obtained from a Community College or University program. They are registered with the College of Early Childhood Educators (RECE).

Your consultant will work with you to find a suitable placement for your child and will visit your child regularly at the caregiver’s home. During regular visits to your child’s caregiver, your consultant will make sure the program policies and Child Care and Early Years Act legislations are being met.

Your consultant’s supervisor or the manager of Home Child Care is also available to answer your questions, comments or hear your concerns.

Do not hesitate to call!

Who Are the Caregivers And How Are They Chosen?
Caregivers are chosen through a process, which includes:

- a home safety Quarterly inspection
- a file check with Family and Children’s Services
- personal references
- a criminal record check for the vulnerable sector
- an interview
Once approved, they sign an agreement with the Region of Waterloo as an independent contractor and agree to follow the regulations in the Child Care and Yearly Years Act.

Home child caregivers are offered opportunities to attend workshops, playgroups and courses as a way to stay current in early childhood education practices.

All caregiver homes are smoke free.

**Hours of Operation**
The program can be available seven days a week, up to 24 hours a day depending on caregiver availability.

**Parent Forms**
Your Consultant will send you a number of forms to complete prior to your child starting with our program. Please ensure that these forms are completed—incomplete forms can result in a delay to your child starting care.
Process for Referral to Caregiver Home

Before Choosing Your Caregiver
It is important for you and your child to visit the prospective caregiver before your child starts care. Your consultant will try to offer you more than one caregiver to meet. You and your child will decide on the best fit.

Introduce your child to the caregiver and talk about what the child will call the caregiver. You can expect some shyness from your child. Your child may just want to watch what is going on around them. Talk about the items on the parent checklist with the caregiver. Have the caregiver show you where your child will play, eat and rest.

If you feel this is a good setting, please follow up with your consultant to review your decision, start date and to complete forms.

The First Day
The first day at the caregiver's home can be hard for you and your child. Give yourself extra time when dropping off your child. Your child may need time to separate from you.

Reassure your child that you will be back and give a time of day as a guideline (e.g. I'll be here to pick you up after naptime, or during outside time). Always say goodbye - never try to sneak away.

Younger children might like having a favourite stuffed animal or blanket from home. Older children may like to bring a favourite game or toy. In either case, you may want to contact the caregiver later to see how your child is settling.
Your Child in Home Child Care

During visits to the caregiver’s home, the consultant involves the children in age appropriate crafts and activities.

Infants/Toddlers

Infants in Home Child Care will develop a special relationship with their caregiver. It is very important to talk to your caregiver about your child’s growth and development.

You must supply and label all food, formula or milk with your child’s name until he/she is able to eat table food. Feeding instructions for all infants less than one year of age must be given to the caregiver in writing on the “Child’s Feeding Schedule” and updated as changes or additions to the diet occur.

Infants should have an extra set or two of clothing and a good supply of diapers at the caregiver’s home.

Preschoolers

Preschoolers in Home Child Care have a chance to be in a group setting and get special attention from a caring adult.

Caregivers will plan a day that includes:

- early learning activities
- outdoor play
- quiet activities
- nutritious snacks and meals

Please remember to dress your child in comfortable play clothes suitable to the season as outdoor play is an important part of each day.

School Age Children

School age children in Home Child Care have the chance to be a part of their home neighborhood. Children this age might go to a caregiver’s home before school, after school and on school holidays. Caregivers work with the children to plan a varied program of activities.

Parent, caregiver and consultant need to work together to set boundaries for the school age child’s outdoor activities (“Outdoor Supervision” form).
If your child is suspended from school for any reason, it is important that the Home Child Care office is informed.

You must speak to your consultant or a supervisor before further childcare services are used.

**Child Development/Evaluation**
We will give you regular feedback on how your child is progressing. Consultants contact parents every three months formally as well as many other informal contacts.

We have a range of supports and services available to you and your child should you have any concerns about your child’s development. These include: referrals for speech assessments, occupational therapy, physiotherapy assessments and behavioural support services. If you would like more information about any of these services, please speak to your consultant.

**Developmental Screening**
Caregivers and consultants will observe your child’s developmental progress. Consultants use the Looksee Developmental Screening Tool which is a checklist designed to help monitor your child’s development.

**Sleeping Arrangements and Supervision**
Parents complete the Sleeping Arrangement Permission Form with their consultant and caregiver. The form includes our practices for sleep policy according to the Ministry of Education. It is important that your requests for your child’s sleep are met. The caregiver will do an hourly documented visual sleep check during the day when your child is sleeping. Our full policy can be found here.

**Emergency Contact**
In the event that you are unable to escort your child(ren) from the caregiver's home, they can be released to one of the people whom you have named on the Application and Consent Form.

**Supervision of Volunteers, Students and Other Persons in the Home**
Caregivers are solely responsible for each child in their care. Your Home Child Care consultant and caregiver will tell you who else is living in their home. Students / volunteers may come to the home. They are directly supervised by the Home Child Care consultant or caregiver at all times. There is no unsupervised contact. You will be informed if a student is planning a visit in your Home Child Care location.
Staff from outside agencies who may visit your child in the caregiver home will sign a Release of Information Agreement and specify access to your child. These staff will also have current criminal reference checks. Your consultant and caregiver will also sign a document agreeing to the access of your child. You will also sign the Release of Information document.

**Serious Occurrences**
The safety and wellbeing of the children in our program is our highest priority. An example of a serious occurrence is an unplanned disruption of the normal operations of a Home Child Care premise. The Ministry of Education requires that our Home Child Care locations post information about serious occurrences that happen in homes. In order to provide transparency and access to information, a “Serious Occurrence Notification Form” must be posted at the contracted home in a visible area for 10 days. We are required to report serious occurrences to the Ministry of Education.

The posting will give parents information about the incident, outline follow-up actions taken, and list outcomes, while respecting the privacy of the individuals involved. Many factors lead to a serious occurrence report. A serious occurrence does not necessarily mean that the contracted home is not in compliance with licensing requirements or that the children are at risk in the home.

**Standing and Recreation Bodies of Water - On Premise**
The Ministry of Education specifies that we prohibit the use of and access to all standing bodies of water (e.g., ponds, rivers, lakes, streams) and recreational in-ground/above-ground swimming, portable/"kiddie"/inflatable wading-type, and hydro-massage pools, hot tubs, and spas located on the premises of any single or multi-dwelling private residence, including the caregiver’s own house, townhouse.

Swimming pools must also be fenced and or emptied and access from the house or yard must be locked. Ornamental ponds are included in this policy.

Use of caregivers own pool must be approved by Home Child Care and can only be used by children 6 years and older.

**Standing and Recreation Bodies of Water - Off Premise**
Caregivers may decide to use Public pools where there is a qualified lifeguard on duty at all times. Visits to lakes or other bodies of water for swimming not on caregiver premises require a lifeguard on duty. Caregiver is still to directly supervisor children at all times and have signed consent from parents.
If you have any questions or concerns, please ask your Home Child Care consultant.

Outdoor Play and Supervision
The Private Home Child Care legislation states, that supervision of outdoor play be agreed upon by the parent, caregiver and Home Child Care consultant. An Outdoor Play Supervision Agreement must be completed before a child starts in caregiver home.

Children under 5 years of age must be directly supervised and with the caregiver at all times.

For children 5 years and older, the outdoor supervision agreement will vary with the maturity of the individual child and the location of the caregiver’s home, complex or apartment building where the caregiver resides.
Enrollment and Service Termination

**Admission and Discharge Policy**
The program is available to children newborn to age twelve. Once a parent has met with their Home Child Care consultant, the prospective caregiver(s) name(s) and address(s) will be supplied by the consultant. Once a parent selects a Caregiver, their Consultant will send them forms to complete.

If you would like your child to go to a different caregiver home, you must contact your consultant. You are required to give your current caregiver two weeks (10 business days) of notice. We may not be able to provide care during this period if notice is not given. Home Child Care can be used until your child’s 13th birthday.

**Withdrawal from Program/Placement Change**
Two weeks notice is required to withdraw your child from the program. Fees will not be adjusted if sufficient notice is not provided.

**Safe Arrivals and Dismissal Policy**
The Ministry of Education requires that all licensed child care programs have a Safe Arrival and Dismissal Policy in place by January 1, 2024. This process is to support the best interest and safety of the children in care and their families.

If your child is scheduled to attend care and is sick or absent, contact your Caregiver to let them know your child will not be in care and why so they can record and bill your attendance accordingly. If you clearly communicate attendance with your caregiver the following steps do not have to be taken.

If your child is scheduled to attend care but does not show up at the anticipated arrival time and you have not contacted the Caregiver to notify them, there is now a formal process in place where the Caregiver will attempt to contact you by phone, email or text to confirm if your child will be attending.

If your Caregiver is not able to reach you and you have not responded, they will attempt to reach the emergency contacts you have provided on your application and consent form.

If they have not made contact with you or your emergency contacts to confirm the absence and your child has still not showed up for care within 1.5 hours of your anticipated arrival time, the non-emergency Waterloo Regional Police Service Line will be called to request a wellness check by providing your name and address.
Similar steps will be followed at the end of the day if we are unable to reach you or your emergency contacts after your anticipated pick up time except instead of a wellness check, Family and Children’s Services may be called if your caregiver is no longer available for care and/or it has been 1 hour following your anticipated pick-up time.

Making the Placement Work

Arrival
- Always give a written schedule to your caregiver if your days or times of work/school vary.
- Always go with your child to and from the caregiver’s home at the agreed upon time each day.
- Advise your caregiver as early as possible if your child is going to be absent or arriving late.
- Tell your caregiver how your child is feeling, how their night was, etc.
- Please bring clothing that is appropriate for the weather as the children will be outside for a minimum of 2 hours each day (except in extreme weather conditions).

Departures and Release of Children
- Your child and the caregiver will be expecting you at a certain time. If you must be late please let the caregiver know.
- If you are sending someone else to pick-up your child, you must let the caregiver know in advance as she will not give your children to anyone without being informed by you, the parent.

Confidentiality
We do not share personal information about your family and child with other parents/guardians or agencies without your written consent. We are not able to discuss personal circumstances of other children in the home with you and ask that you respect this in your conversations with your caregiver and consultant.
Opportunities for Parent Involvement
We encourage parents/guardians to be involved in our program. Parents are invited to join us at playgroups that are planned at community centres, Ontario Early Years Centres and public libraries as well as other events scheduled throughout the year. Parents/guardians are asked to complete surveys to evaluate their satisfaction with the program. The feedback helps us to plan for our program and to look at areas of improvement or change.

Time to Talk

- Talk regularly with your caregiver about your child. Discuss things like changes in routines, health, sleep or any other concerns you may have.

- Plan a time to talk that is good for both of you, for example, a telephone call during the day or evening.

- Share good things as well as concerns.

- School age children may want to take part in making decisions that involve them (i.e. outdoor boundaries, activities, snacks).

Your Home Child Care consultant can assist, please call anytime.
Questions Parents Frequently Ask

What will my child do all day?
Caregivers plan a program of different activities that are appropriate for the age, interest and developmental level of the children in their care. The children's day must include time outside, quiet activities and creative activities.

Caregivers are encouraged to take the children to the local park and on outings in the neighbourhood. The program does not permit caregivers to enroll in programs for themselves (such as bowling, fitness classes) and to place the children with another person.

While not all children need a mid-day nap, young children benefit from periods of quiet relaxation to balance their day.

A daily rest/sleep time must be arranged that:

- Each toddler or preschool child who receives child care for six hours or more in a day has a rest period not exceeding two hours in length: and

- A toddler, in preschool or kindergarten child is permitted to sleep, rest or engage in quiet activities based on the based on the child's needs.

Your consultant and caregiver will complete a Sleeping Arrangement Permission Form.

What if my child needs to stay overnight?
If your child is in care overnight, please discuss the sleeping arrangements with your caregiver. Each child must have their own bed. Basements may not be used for sleeping unless there is a direct exit to the outside. Your child should be comfortable and not feel isolated from the rest of the household.

What if my child is sick?
Consideration of the other children and adults in the caregiver’s home is important. Caregivers are not required to care for your child when they are sick. You will need to make other plans for your child in the event of illness. It is important for you to have a “back-up” childcare plan. Your consultant may be able to help you with this.

If you child becomes sick during the day, the caregiver will call you. You may need to take your child home or to your doctor.
Administration of Medication?
Only medication that you bring may be given to your child by the caregiver.

- Prescription medication must be in the original container, clearly labeled with your child's name, name of the medication, the dosage, the date of purchase, and instructions for storage and administration.

- Non-prescription medication (Tylenol, Tempra, cough preparations, creams, sunscreen, etc...) must be in original container or package and must be clearly labelled with the child's name, name of medication, the dosage and instructions for storage.

In order for the caregiver to give your child any medication, you must give permission by completing an “Administration of Medication” form that you can get from your caregiver.

Children with Allergies
- An Anaphylaxis Plan is created for any child enrolled in Home Child Care who is identified as having a severe allergic reaction that requires an Epinephrine Auto Injector.

- A copy of the Individual Anaphylaxis Plan Form is posted in the caregiver's home and in the child's file. All Home Child Caregivers are required to review the Anaphylaxis Emergency Plan including temporary Home Child Caregivers who may be providing care from time to time.

- For food allergies, the key to preventing an anaphylactic emergency is absolute avoidance of the allergen. People with food allergies should not share food or eat unmarked / bulk foods or products with a “may contain” warning.
  - All foods brought from home must be labelled with the child’s name
  - Children with food allergies cannot share food with other children
  - Caregivers must share food allergies with other parents using their program, without disclosing the name of the child with an allergy.

- The parent reviews and approves the Individual Anaphylaxis Plan Form, which is initialed by the Region of Waterloo Consultant, the Home Child Caregiver and the parent. The Individual Anaphylaxis Plan Form following administration of an
Epinephrine Auto-Injector must include a 911 call for an ambulance/emergency medical response.

- Caregiver, parents and the HCC consultant will review and develop a strategy to reduce the risk of exposure to anaphylactic causative agents.

**Children with Allergies**

- Epinephrine Auto-Injectors will be stored in an inaccessible location in the Home Child Caregiver’s home to ensure quick access when and if needed. Epinephrine Auto-Injectors along with instructions for administration will be stored in a pouch, which is affixed to the medication. An Epinephrine auto-Injector should be kept in the Home Child Caregiver’s home anytime the child is in attendance.

- A child may carry his or her own asthma medication or emergency allergy medication in accordance with the procedures established. When child is in attendance in the caregiver home use of the medication is recorded on the *Individual Anaphylaxis Plan Form* and medication administration is recorded on the *Administration of Prescribed and Non Prescribed Medication form*.

- Epinephrine Auto-Injectors are to be taken on all excursions that the child participates in.

- Training and administration instructions for use of the epinephrine Auto-Injector will be provided through the parent, physician or other qualified professional.

- Epinephrine Auto-Injectors must be in their original package and checked regularly for expiry dates.

**Note:** School age children may be allowed to carry their own emergency allergy medication as long as it is clearly labelled.

In order for the caregiver to give your child any medication, you must give permission by completing an “*Administration of Medication*” form that you can get from your caregiver.

Your caregiver has a choice whether or not she wishes to give medication to the children in her care.
What if there is an emergency with my child?
In all cases of accident, injury or other serious occurrences involving your child, your caregiver will take the following steps:

1. The caregiver will take immediate action to help the child and call 911 if she needs help from police, fire, ambulance or other emergency services.
2. The caregiver will make plans for emergency care for the other children in her care.
3. The caregiver will call you, the parent.
4. The caregiver will call the Home Child Care office.
5. The caregiver will call the school if an incident occurs to a child who is expected at school.
6. The caregiver will fill out an Incident Form and have it signed by you. The form must be given by the caregiver to the Home Child Care office within 24 hours.

Will my child receive meals and snacks?
A caregiver will give the children meals and snacks appropriate for the time of day. Caregivers are asked to follow Canada's Food guide when planning meals.

Note: Parents must supply food or payment for the following:

- additional meals, outside of normal meal times
- special diets for religious or health reason
- school snacks, bagged lunches or special event costs for school aged children

All infants under one year of age require written feeding instructions.

**All food brought from home must be labelled with the child’s name.

How will the caregiver guide my child’s behaviour?
Caregivers will practice behaviour guidance methods that support your child to grow and develop as a healthy individual. The Caregiver or anyone in the household will not use time out, slapping, etc. or harsh or degrading measures that would humiliate or undermine a child’s self-respect - even with your permission.

Methods of behaviour guidance are discussed with caregivers during their initial
interview and annually thereafter. Caregivers also review behavior guidance with other members of their household.

**Parent Issues, Concerns and Complaints**
Concerns about your child's care should be dealt with immediately. Please talk about these concerns with your caregiver. You can also discuss your concerns with your consultant.

If it is not resolved or you do not feel comfortable talking to your caregiver, please call the Home Child Care office and talk to your consultant, a supervisor or the manager. It is our duty to report any concerns about abuse and neglect to Family and Children's Services.

Any concerns about abuse/or neglect should be reported by you directly to Family and Children’s Services.

Kitchener (519) 576-0540 / Cambridge (519) 623-6970

**Complaints or Concerns**

[Parent Issues and Concerns Policy](#) is available online for review.

**What if my child is not getting along well at the caregiver's home?**
Talk to your caregiver about your concerns. It is important to approach issues in a positive manner with the plan of working toward a solution that is best for your child and others in the home. Your Home Child Care consultant is always willing to meet with you and the caregiver to try and resolve the problem.

**Note:** If you would like your child to go to a different caregiver home, contact your consultant. You must give your current caregiver two weeks of notice.

**Who will care for my child during my caregiver's vacation?**
Your child’s caregiver will inform you and your consultant of their vacation plans as far in advance as possible. Often, parents and caregivers are able to work out their vacation plans together.

Otherwise, notify your consultant as soon as possible so child care with another caregiver may be arranged. We cannot guarantee another caregiver will be available, please try to have a back up plan if possible. Please also notify your consultant of your vacation plans. Please remember, that we can only pay approved contracted caregivers to do childcare.
What if my caregiver is sick or suddenly cannot care for my child?
Sometimes your caregiver may be unable to do care and will call you as early as possible. You may call your consultant and ask for another caregiver. Your consultant will try to offer other care; however, this is not always possible. It is wise to have an emergency back-up plan of your own. If another Caregiver is available, you will have additional paperwork to complete prior to care starting, which normally can be done quickly through electronic forms.

If the caregiver is not able to continue to care for your child during the day, she will call you to arrange for the child to be picked up. Even in an emergency situation, the caregiver must make sure that a responsible adult over the age of 18 is in charge of the children at all times.

School Drop off and Pick up
Schools have different policies for who the responsible person can be. The arrangement for escort of the child is the responsibility of the parent. A caregiver may agree to do this, but it is not part of the responsibility for providing childcare. Parents must write the name of the “escort” on the Outdoor Play and Supervision Form.
Fees

Canada Wide Early Learning and Child Care (CWELCC) Plan – the Home Child Care program has opted into CWELCC. As of April 1, 2022 fees for eligible children have been reduced by 25%. As of January 1, 2023, non-subsidized child care fees will be further reduced by 52.75% of the original rates, and eligible parent contributions will be reduced by 50% for parents accessing child care subsidy. For an up-to-date list of our parent fees which include the CWELCC rebate, please visit our website.

For children turning 6 between the months of January-June, they will be enrolled in the CWELCC program until June 30 of that year by remaining at the preschool rate. For children turning 6 between the months of July-December they will be enrolled in CWELCC until the 1st day of the following month.

Subsidy - is available for eligible families. If you require subsidy call (519) 575-4400 and ask for the Subsidy office or apply for subsidy online. Some families may be eligible for subsidy but still have to pay a portion of their care cost with a daily parent contribution. Effective May 1, 2023 the Region of Waterloo will be collecting parent contributions. Families will no longer pay their caregiver directly for their parent contribution.

Payment of Fees – our program collects fees through pre-authorized debit (automatic withdrawal from your account). Your Consultant will work to collect the relevant banking details. Fees will be automatically withdrawn 3 business days after you receive your invoice (on or around the 17th of each month)

Fees and Invoices -Fees owing to the Region of Waterloo are charged to you once the month has completed – you can expect your invoice on or around the 10th business day of the month that follows your care (Example: You will receive an invoice for May care on the 10th business day of June). Your monthly fees are calculated based on the number of days your child is enrolled to attend the program multiplied by the daily rate you pay. Your invoice will be emailed to the email address on your fee agreement. You will also receive a statement following the invoice, which will show any adjustments from the previous month. CWELCC rebates will be applied directly to your account each month, but may appear on a separate invoice.

Statements - The statement is a running record of invoices and payments the Finance Department has processed during the prior month. The statement will list any outstanding balances and applicable finance charges. In order for your payment to
show up on the statement it must be received by the last day of the month when it is due.

**Changes to fee schedule** - any permanent changes to your child's schedule requires two weeks notice to the program.

**Withdrawal from Program/Placement Change** - two weeks notice is required to withdraw your child from the program. Fees will not be adjusted if sufficient notice is not provided.

**Overdue Accounts** - you are required to pay for your childcare each month. Our program uses pre-authorized debit. If there are insufficient funds in your account, full fee families will be charged a $35 NSF fee. After a second failed withdrawal, a Supervisor from our program will follow up to ensure payment. Finance charges are applied to any overdue accounts on a monthly basis.

**Attendance** - parents must verify their child's/children's attendance and absence by signing the attendance register at the end of each month. Parents must obtain and keep a copy of the attendance register for their records.

**Contacts/Questions** - if you have questions about your invoice, daily fee adjustments or changing hours or days of care please speak with your Home Child Care consultant. If you have questions about your payments, statement or outstanding account please contact Finance at

(519) 575-4490 or e-mail ARAdmin@regionofwaterloo.ca

**Fee Payment Policy for Absences due to Vacation, Statutory Holidays or Illness** - billing is based on the child’s schedule. Caregivers will bill absent for Statutory Holidays, Vacation and Sick for sick days if it is a day your child would normally attend. You are billed for these types of days to hold the space. If the caregiver is unavailable or the child was not scheduled to attend, the caregiver cannot bill.

**Additional Days** - If you have confirmed extra days of care with your caregiver, you must give 24 hours notice to cancel or you are responsible for payment. If you are receiving child care subsidy and use days of care that are not approved, you will be billed the total cost of care. This also applies if you run out of absent day coverage through subsidy before the end of the year. Please see rates of care on our [website](#).
Billing for confirmed care – If parent forms have been submitted and parents have verbally agreed to a placement with the Caregiver or Consultant, we consider the placement confirmed. If a parent changes their mind beyond that point, notice fees will apply.

Attendance Registers
At the end of each month, your child’s caregiver will ask you to sign the attendance register for your child’s care. When you sign the attendance register, you are making sure that the information is correct.

- Never sign a blank or incomplete attendance form
- Never sign an attendance form before the last day of care in the month (unless your child will be absent and the absent days are already marked in)
- Always get a copy of the attendance register after you sign it
Parent Checklist

(Please take this with you when you first visit the caregiver.)

1. In what part of the house will my child be spending most of his/her time? Where will he/she eat/rest?
   - discuss child’s sleep habits
   - Time of nap, etc.

2. What kind of activities will you be doing with my child throughout the day?
   - daily routine
   - special trips
   - craft activities
   - outdoor play (supervision)
   - appropriate play materials (toys)
   - TV/Video, computer limitations

3. What do you do when a child misbehaves?

4. What kinds of snacks and meals will you be providing?

5. How would you make my child feel comfortable in your home?

6. What I am responsible for bringing? For example:
   - clothing
   - infant equipment
   - extra meals
   - favorite toy, etc.

7. Overtime or extra hours of care required
8. Arrival and pick-up time

9. Administering medication

10. When is an appropriate time to discuss any issues, which might arise during your child’s placement?

**Resource Websites**

[Region of Waterloo Home Child Care](#)

[Child Care Subsidy](#)

[Ontario Early Years Centers](#)

[Ministry of Education – Child Care Rules](#)