



Region of Waterloo
COMMUNITY SERVICES

High-Quality Licensed Child Care Fact Sheet

High-quality licensed child care provides Ontario's children with safe, responsive, and caring interactions that build a strong foundation for development and well-being.¹

When children are nurtured in environments where their social, emotional, cognitive, and physical health is considered, **they thrive in countless ways.**

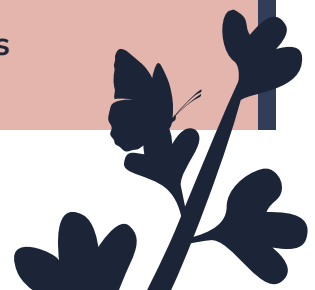
90%

of adult brain development occurs between birth and age five²

High-quality licensed child care helps children develop vital skills during their first five years, which marks a critical developmental period in a child's life.

Early childhood educators (ECEs) provide children with the foundation they need to grow into future leaders. ECEs use their extensive knowledge of learning and child development to create high-quality learning opportunities through play and exploration. **Educators are trained to:**

- ✓ Understand brain development and how to support healthy growth¹
- ✓ Identify children's developmental stages and capabilities in social, emotional, cognitive, linguistic, and physical domains³
- ✓ Build partnerships with families to support children's well-being³
- ✓ Plan activities that promote learning and build on children's current abilities and interests³



Participation in high-quality learning environments, can help support children and their communities and to **improve social, health, and academic outcomes.**

+ Benefits for children

01 Improved physical and mental well-being⁴

02 Decrease in chronic health problems⁷

03 Increased self confidence⁴

04 Improved outcomes in literacy,⁵ math, and science⁶

05 Higher rates of completing high-school⁸

06 Increase in conflict resolutions skills⁴

+ Benefits for communities

01 Increases the number of women in the workforce⁹

02 Decreases the need for social assistance⁹

03 Increases household income⁹

04 Decreases participation in criminal activity⁸

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