Maximum weight 23 kilograms (50 pounds) for each bag, bin or can.

### How to sort your waste

#### Containers only
- Plastic package #1 - 7
- Cans and foil trays
- Glass jars and bottles
- Paper cartons and cups

#### Paper and plastic bags
- Paper and junkmail
- Paper and boxboard
- Flexible film plastic

#### Green bin organics
- Meat, chicken, fish and bones
- Pasta, bread, rice and pizza
- Fruits and vegetables
- Coffee grinds, filters and tea bags
- Pet waste (see below)

#### Garbage
- Diapers, feminine hygiene products
- Straws, chip bags, snack wrappers
- Styrofoam
- Broken dishware, plastic cutlery
- Garden hose
- Hangers

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**Wondering about something else?**

[Check Waste Whiz on our website](www.regionofwaterloo.ca/waste).

Space provided through a partnership between industry and Ontario municipalities to support waste diversion programs.