The (anatomy of a) winter boot: What to look for

This winter, stay safe on driveways, parking lots, and walkways. Protect yourself from slips and falls by wearing sturdy footwear made for Canadian winters. Your safety in winter conditions is an investment in the health and well-being of you and your loved ones – take the time and effort to invest in quality winter boots that will keep you safe and warm all winter long.

**Proper boot height**
so snow doesn’t get inside your boots and melt, making you uncomfortable, wet, and cold. Some come with a fleece collar or drawstring at the top of the boot to prevent this.

**Full lacing system**
for a tighter fit and to prevent socks from slipping down, keeping you toasty warm.

**Tread**
Look for cross-hatching that will grip in icy conditions without clogging full of snow.

**Liner**
Thick and soft liner inside to keep your feet warm and dry.

**Upper**
Waterproof material such as water-resistant treated leather, suede or synthetic faux-fur for warm uppers.

**Sole**
Light-weighted rubber. Rubber provides protection from water and chilly temperatures, and is easy to clean.

**Heel**
Low, wide heels with a solid tread.

For more information:
regionofwaterloo.ca/water or smartaboutsalt.com

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