Regional Municipality Of Waterloo
Community Services Committee
Minutes

Tuesday, February 11, 2014
1: 02 p.m.
Regional Council Chamber
150 Frederick Street, Kitchener, Ontario

Present were: Chair S. Strickland, L. Armstrong, J. Brewer*, T. Cowan, D. Craig*, T. Galloway, B. Halloran, R. Kelterborn*, G. Lorentz, C. Millar*, J. Mitchell, K. Seiling*, J. Wideman* and C. Zehr

Member absent: R. Deutschmann and J. Haalboom

Declarations Of Pecuniary Interest Under “The Municipal Conflict Of Interest Act”
None declared.

Consent Agenda Items

Request To Remove Items From Consent Agenda
There were no requests to remove items from the consent agenda.

Motion To Approve Items Or Receive For Information
Moved by G. Lorentz
Seconded by T. Cowan

That the following items be approved:

- That the Regional Municipality of Waterloo approve an increase to the 2014 Operating Budget for Employment and Income Support, Social Services of $450,000 gross and $0 net Regional levy as outlined in report SS-14-010, dated February 11, 2014.
And that the following items be received for information:

- Memo: First Response Protocol Update 2013 Update
- Memo: Child Care Special Needs Resources Services

Carried

**Regular Agenda Resumes**

**Reports – Social Services**

a) SS-14-008, Community Homelessness Prevention Initiative Year One Transition Update and Investment Plan for 2014/2015 (Presentation)

*K. Seiling, C. Millar, J. Brewer, J. Wideman, and R. Kelterborn joined the meeting at 1:05 p.m.*

Douglas Bartholomew-Saunders, Commissioner, Social Services, introduced Lynn Randall, Director, Social Planning, Policy and Program Administration to provide a presentation on the development of the Community Homelessness Prevention Initiative (CHIPI) and the funding issues faced by the program. A copy of the presentation is appended to the original minutes.

L. Randall explained that the program was initiated by provincial government in 2013 and combined five pre-existing homelessness prevention programs. CHIPI is based on a housing first philosophy that is designed to help homeless individuals access permanent housing and to help keep individuals from becoming homeless. She noted that CHIPI is currently in a three year transition phase, but it was only provided with one year of transition funding.

In response to a question from the Committee, L. Randall explained that without more funding it will be very difficult to meet targets at the same level as previous years. D. Bartholomew-Saunders stated that the Ministry of Municipal Affairs and Housing has said that there is no additional money for CHIPI but he believes that it is important to keep the Ministry aware of the flaws with the funding formula and that without additional resources it will be impossible to achieve the Ministry’s goals.

*D. Craig left the meeting at 1:25 p.m.*

Moved by T. Galloway

Seconded by B. Halloran

That the Regional Municipality of Waterloo receive the Community Homelessness Prevention Initiative 2014/15 Investment Plan;
And that the Regional Municipality of Waterloo request additional base funding of $1,175,000 for the Community Homelessness Prevention Initiative from the Ministry of Municipal Affairs and Housing;

And that the Regional Municipality of Waterloo request that the Province annualize one-time transition funding of $1,517,140 for the Community Homelessness Prevention Initiative;

And further that the Regional Municipality of Waterloo forward report SS-14-008, dated February 11, 2014, to the Ministry of Municipal Affairs and Housing, Association of Municipalities of Ontario and the Ontario Municipal Social Services Association.

Carried

Reports – Planning, Housing and Community Services

b) P-14-021/PH-14-006, NEWPATH Research Project (Presentation)

Pat Fisher, Principal Planner, provided a presentation on the NEWPATH Walkability Project. A copy of the presentation is appended to the original minutes. He explained that this is an ongoing project that began in 2009 and has involved staff working with academic partners to build and analyze a walkability index. Staff have reviewed every postal code in the Region and mapped out a one kilometre radius around each to determine the walkability of the neighbourhood.

The study has also indicated that people want to live in neighbourhoods that provide greater opportunities to bike and walk. He noted that some trends have emerged including that women, younger individuals, and those living in neighbourhoods with a higher walkability are more likely to walk. P. Fisher explained that the next steps will involve applications for further funding to continue the research and using the knowledge to influence other projects. He noted that another report addressing the affects of the availability of food options will be coming to the Committee in the future.

P. Fisher gave a demonstration of the website that one can use to look at individual addresses within the Region. He explained that staff have also integrated trails into Google Maps as a part of the project.

Moved by T. Cowan

Seconded by B. Halloran

That the Region of Waterloo partner with the NEWPATH research team (consisting of the Universities of British Columbia, Alberta and Waterloo) to explore funding opportunities to complete a follow up study measuring walking, physical activity, diet and health changes resulting from the implementation of Regional policies and master plans, as described in Report No. P-14-021/PH-14-006, dated February 11, 2014.

Carried
Reports – Public Health

c) PH-14-008/P-14-022, Smoke Free Policy in Waterloo Region Community Housing: 2013 Annual Update

Sharlene Sedgwick Walsh, Director, Healthy Living, introduced the report and explained that almost 40% of the community housing units have smoke free leases and she expects that the first completely smoke free building will occur soon. Public Health continues to offer smoking cessation programs for community housing residents but there has been little take up. She noted that the next evaluation of the policy will occur in approximately two years.

Received for information.

d) PH-14-007, Provincial Dental Program Integration and Wait List for New Applicants to the Healthy Smiles Ontario Program in Waterloo Region

Dr. Liana Nolan, Commissioner/Medical Officer of Health, introduced Dr. Robert Hawkins, Dental Consultant to provide an overview of the report. He informed the Committee that the provincial government has made changes to the Healthy Smiles Ontario program. He noted that a wait list is needed to ensure that dentist payments do not go over budget and that this waitlist will be implemented on February 15, 2014. Public Health will be requesting additional funding for the program in March 2014.

In response to a question from the Committee, Dr. Hawkins explained that individuals who qualify can access funding for emergency treatment even if they are not on the waitlist.

Moved by J. Brewer
Seconded by J. Wideman

That the Regional Municipality of Waterloo write the Ontario Ministry of Health and Long Term Care to inform them of the implementation of a wait list for new applicants to the Healthy Smiles Ontario program in Waterloo Region, and enclose a copy of report PH-14-007 dated February 11, 2014;

And that the Regional Municipality of Waterloo forwards a copy of this report to the Association of Local Public Health Agencies (alPHa).

Carried

Information/Correspondence

a) Council Enquiries and Requests for Information Tracking List was received for information.

Next Meeting – March 4, 2014

Motion to Go Into Closed Session

1571085
Moved by T. Cowan
Seconded by J. Brewer

That a closed meeting of the Planning and Works and Community Services Committees be held on Tuesday, February 11, 2014, immediately following the Community Services Committee meeting in the Waterloo County Room, in accordance with Section 239 of the “Municipal Act, 2001”, for the purposes of considering the following subject matters:

a) receiving of legal advice subject to solicitor-client privilege related to an agreement

b) proposed or pending litigation and receiving of legal advice subject to solicitor-client privilege related to a matter before an administrative tribunal

c) receiving of legal advice subject to solicitor-client privilege related to agreements with the area municipalities

d) personal matters about identifiable individuals related to committee appointments

   Carried

Commencement

Moved by T. Cowan
Seconded by J. Brewer

That the meeting adjourn at 1:46 p.m.

   Carried

Committee Chair, S. Strickland

Committee Clerk, T. Brubacher
Community Homelessness Prevention Initiative

Presentation to Community Services Committee
February 11, 2014
Direction and Policy

- Ontario's Long-Term Affordable Strategy (2010)
- Housing Services Act (2011)
- Regulations
  - Requires 10 year housing and homelessness plan
"a primary focus on helping people who are homeless, or at-risk of homelessness, to quickly access safe, affordable and stable housing. This approach, referred to as Housing First, is linked to the provision of a variety of flexible supports based on clients' needs that can assist people in sustaining their housing, and with re-housing when necessary"

Ontario Housing Policy Statement
Region's Homelessness Strategy

- Policy Framework
- Action Framework
What is the Community Homelessness Prevention Initiative?

- Consolidated funding for 5 programs into one funding envelope effective January 1, 2013:
  - Domiciliary Hostel Program
  - Emergency Hostel Services
  - Consolidated Homelessness Prevention Program
  - Emergency Energy Fund
  - Provincial Rent Bank
- Reporting to Municipal Affairs and Housing
Provincial Guidelines

* Vision "better coordinated system"
* Principles "Housing First"
* 2 broad objectives "obtain and maintain housing"
* New fiscal timeframe (April – March)
* Three year transition period 2013-16
* Financial and statistical reporting
* Annual investment plan due mid February
4 Service Categories

- Emergency shelter solutions
- Housing with related supports
- Services & supports
- Homelessness Prevention
<table>
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<tr>
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<th>Pre-CHPI</th>
<th>CHPI</th>
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</thead>
</table>
| **Legislation**                | • Ministry of Community and Social Services Act, 1990  
• Ontario Works Act, 1997 (Regulations related to Emergency Hostels)                                                                 | **Housing Services Act**, 2011                                                                                                    |
| **Ministry**                   | Ministry of Community and Social Services (MCSS)                                                                                       | Ministry of Municipal Affairs and Housing (MMAH)                                                                                   |
| **Provincial Policy**          | OW Directives related to Emergency Hostel and Domiciliary Hostel                                                                      | **Long Term Affordable Housing Strategy, 2010**                                                                                     |
| **Service Agreement Timeframe**| January – December (calendar)                                                                                                            | April – March (fiscal)                                                                                                              |
| **Provincial Program Guidelines** | • Consolidated Homelessness Prevention Program Guidelines (2006)  
| **Programs**                   | Consolidated Homelessness Prevention Program  
Provincial Rent Bank Program  
Emergency Energy Fund  
Emergency Hostel Services  
Domiciliary Hostel Program    | CHPI (with the following **service categories**):  
• Emergency Shelter Solutions  
• Housing with Related Supports  
• Other Services and Supports  
• Homeless Prevention                                                                 |
| **Plans**                      | Annual MCSS budget submission                                                                                                                                                             | • Comprehensive local 10 year housing and homelessness plan (Homelessness to Housing Stability Strategy)  
• Annual CHPI Investment Plan                                                                                                        |
| **Program Reporting**          | Financial and program data submitted separately for each Program                                                                     | • Financial and outcome focused data for all activities funded under CHPI                                                       |
## Investment Plan

<table>
<thead>
<tr>
<th>Service Category</th>
<th>MMAH CHPI Funding</th>
<th>Region CHPI Funding</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Emergency Shelter Solutions</td>
<td>$3,062,036</td>
<td>$759,135</td>
<td>$3,821,171</td>
</tr>
<tr>
<td>Housing with Related Supports</td>
<td>2,794,405</td>
<td>505,874</td>
<td>3,300,279</td>
</tr>
<tr>
<td>Services and Supports</td>
<td>934,842</td>
<td>0</td>
<td>934,842</td>
</tr>
<tr>
<td>Homelessness Prevention</td>
<td>250,000</td>
<td>0</td>
<td>250,000</td>
</tr>
<tr>
<td>Administration</td>
<td>612,099</td>
<td>13,343</td>
<td>625,442</td>
</tr>
<tr>
<td>Total</td>
<td>$7,653,382</td>
<td>$1,278,352</td>
<td>$8,931,734</td>
</tr>
</tbody>
</table>
Additional Funding Requests

* Additional base funding of $1,175,000 to respond to shortfall for emergency shelter
  * Formula short changes Region due to increasing demands
* Annualization of the one-time transitional funding of $1,517,140
  * Response to cancellation of Community Start Up and Maintenance Benefit
NEWPATH
Nutrition, Environment in Waterloo Region, Physical Activity, Transportation & Health
Purpose of project

• Establish a data collection model that integrates diet, physical activity and transportation patterns with built environment and health.
• Use data to inform policy development, transportation planning and Public Health reporting
• Evaluate the relative impact of diet versus physical activity in explaining obesity rates
Research Team

Dr. Lawrence Frank
Director of the Health and Community Design Lab, School of Community & Regional Planning
University of British Columbia

Dr. Kim Raine
Professor, Centre for Health Promotion Studies, University of Alberta

Dr. Mary Thompson
Scientific Director of the Canadian Statistical Sciences Institute
University of Waterloo

Dr. Roy Cameron
Professor, School of Public Health and Health Systems
University of Waterloo

Region of Waterloo Staff:
Public Health Planning, Housing & Community Services

Research Associates
• Dr. Leia Minaker, University of Waterloo
• Dr. Josh van Loon, University of British Columbia
Elements of the Study

Survey

- Walkability Map
- Neighborhood Preferences
- Physical Activity + Two-Day Travel Diary
- Food Environment + Diet
- Health Outcomes
Four components of Walkability

• Residential density
• Street pattern
• Variety of destinations
• Retail store design
Results: Walkability
Community tool for Walkability
High walkable neighborhoods

- Higher walking rates
- Higher cycling and transit rates
- Lower Body Mass Index (BMI)
## Mode Share

PM Peak (Weekday)

<table>
<thead>
<tr>
<th>Mode</th>
<th>Low Walkability</th>
<th>Medium Walkability</th>
<th>High Walkability</th>
</tr>
</thead>
<tbody>
<tr>
<td>Auto Driver</td>
<td>73%</td>
<td>70%</td>
<td>55%</td>
</tr>
<tr>
<td>Auto Passenger</td>
<td>14%</td>
<td>13%</td>
<td>10%</td>
</tr>
<tr>
<td>Bus</td>
<td>2%</td>
<td>3%</td>
<td>5%</td>
</tr>
<tr>
<td>Cycle</td>
<td>2%</td>
<td>2%</td>
<td>6%</td>
</tr>
<tr>
<td>Walk</td>
<td>10%</td>
<td>12%</td>
<td>24%</td>
</tr>
</tbody>
</table>
1. Ease of walking
2. Low crime rates
3. Near transit
4. Closeness to job
5. Quality of schools

*Those planning to move in next 3 years
How have findings been used?
Proposed next steps

• Apply for funding to continue to monitor changes in health & travel behaviour

• Coordinate with other monitoring projects (eg. Community Building Strategy, Regional Transportation Master Plan)

➢ Second report focusing on the food environment aspects of NEWPATH