The pattern of local public health services administration for Ontario was established in 1833 when the Legislature of Upper Canada passed an Act allowing local municipalities “to establish Boards of Health to guard against the introduction of malignant, contagious and infectious disease in this province.” This delegation of public health responsibility to the local level has continued to the present day.

There are currently 35 health units in Ontario: 25 autonomous/integrated boards of health; six regional boards of health; and four single-tier/semi-autonomous boards of health.

Selected key milestones:

1873 The first Public Health Act was passed.
1882 The first board of health was established.
1934 The first county-wide health unit was established with a grant from the Rockefeller Foundation. At this time, Ontario had 800 local boards of health and 700 medical officers of health, most of whom were part-time.
1945 The Public Health Act was amended so that provincial grants could be provided to municipalities for the establishment of health units. Six health units were in place by the end of 1945. By 1950, twenty-five county and 12 municipal health units were in place which served two thirds of the population of Ontario.
1968 The Waterloo County Health Unit (serving 11 municipalities) was amalgamated with the Kitchener Department of Health, creating a single health unit for the area.
1983 The Health Protection and Promotion Act (HPPA) was proclaimed, replacing the Public Health Act. The Act was amended in 1990 making slight changes to its contents.
2005 The government of Ontario announces the creation of the new Ministry of Health Promotion, with a focus on programs dedicated to healthy lifestyles.
2007 The Ministry of Health and Long-Term Care increased its grant to boards of health up to 75 per cent of the budgeted amount, and Public Health Ontario was established as the Ontario Agency for Health Protection and Promotion.
2009 The new Ontario Public Health Standards replaced the 1997 Mandatory Health Programs and Services Guidelines and the Initial Report on Public Health was released as the first step in developing an accountability framework for boards of health to establish the management and governance requirements for all boards of health with an increased focus on performance and accountability.
2017 The Patients First Act includes a clause that formalizes engagement between the local Medical Officer of Health and LHIN CEOs on issues related to local health system planning, funding and service delivery.
2018 The modernized Ontario Public Health Standards came into effect on January 1, 2018, replacing the 2008 Ontario Public Health Standards and Ontario Public Health Organizational Standards. These new standards were part of a 2 year development and consultation process involving numerous stakeholders, task forces and work groups.
2018 Region of Waterloo Public Health commemorated its 50th year as a public health organization.

The information contained in this fact sheet originates from the Association of Local Public Health Agencies’ 2018 Orientation Manual for Board of Health Members and Milestones web page.

Alternate formats of this document are available upon request.