

## Alcohol Drinking Status, Waterloo Region & Ontario, 2009-2010, 2011-2012, 2013-2014

Table 1. Proportion of the population aged 12 years and older, by alcohol drinking status in the past 12 months, Waterloo Region & Ontario, 2009-2010, 2011-12, 2013-2014

Place of residence	Alcohol drinking status	2009-2010	2011-2012	2013-2014
Waterloo Region	Regular drinker	57.9 (CI: 54.2-61.6)	61.8 (CI: 58.2-65.4)	63.4 (CI: 59.5-67.3)
	Occasional drinker	19.9 (CI: 17.1-22.7)	16.3 (CI: 13.5-19.1)	13.8 (CI: 11.1-16.6)
	No drinks in last 12 months	22.3 (CI: 19.1-25.4)	21.9 (CI: 18.7-25.2)	22.8 (CI: 19.6-25.9)
Ontario	Regular drinker	57.6 (CI: 56.8-58.4)	57.6 (CI: 56.7-58.5)	56.0 (CI: 55.2-56.9)
	Occasional drinker	16.2 (CI: 15.6-16.8)	16.2 (CI: 15.5-16.8)	17.2 (CI: 16.5-17.9)
	No drinks in last 12 months	26.2 (CI: 25.4-27.0)	26.2 (CI: 25.4-27.0)	26.7 (CI: 25.9-27.6)

### Definition:

Proportion of the population aged 12 years and over by alcohol drinking status in the past 12 months.

Individuals can be classified as one of the following:

- Drank regularly - once per month or more frequently
- Drank occasionally - less than once per month
- Did not drink at all in the past 12 months

**Table 2. Proportion of population aged 12 years and older who were regular drinkers, by sex, age group, and municipality, Waterloo Region, 2013-2014**

	Measure	Per cent
<b>Sex</b>	<b>Male</b>	67.4 (CI: 62.4-72.4)
	<b>Female</b>	59.5 (CI: 54.8-64.2)
<b>Age group</b>	<b>12 to 18 years</b>	11.7 (CI: 4.3-19.0) <sup>E</sup>
	<b>19 to 24 years</b>	72.4 (CI: 62.3-82.5)
	<b>25 to 34 years</b>	76.2 (CI: 67.0-85.4)
	<b>35 to 49 years</b>	73.0 (CI: 65.5-80.5)
	<b>50 to 64 years</b>	68.5 (CI: 60.3-76.7)
	<b>65 years and older</b>	54.3 (CI: 46.6-62.0)
	<b>19 years and older</b>	69.5 (CI: 65.4-73.6)
<b>Municipality</b>	<b>Cambridge</b>	58.8 (CI: 51.2-66.4)
	<b>Kitchener</b>	67.9 (CI: 62.1-73.7)
	<b>Waterloo</b>	65.8 (CI: 57.6-74.1)
	<b>Townships</b>	57.3 (CI: 42.4-72.1)

## Limitations and Notes:

The CCHS is based on self-reported data collected in telephone and in-person interviews. The CCHS excludes individuals living on Indian reserve communities, institutions, full-time members of the Canadian Armed Forces, and residents of remote regions of the country.

Self-reported measures are subject to such sources of bias as social desirability bias and recall bias.

Estimates provided at the municipal level may not be representative of the given population as the CCHS sampling frame was not designed for analysis below the health region level.

'Don't know', refused and not stated responses were removed from analysis when they represented less than five per cent of the sample. In removing these responses from the denominator, the assumption is that the missing values are random, which is not always the case.

## Limitations and Notes (continued):

The 'Townships' category combines responses from North Dumfries, Wellesley, Wilmot and Woolwich townships.

'CI' refers to 95 per cent confidence limits. The superscript 'E' denotes high sampling variability, and estimates must be interpreted with caution. The 'F' denotes estimates which were suppressed due to unacceptably high sampling variability.

Since heavy drinkers are generally more difficult to reach in surveys, the proportion may be underestimated and the overall drinking profile skewed.

### Source:

Canadian Community Health Survey, 2009-2010, 2011-2012, 2013-2014, Statistics Canada, Share File, Ontario MOHLTC.

**Table 3. Proportion of population aged 12 years and older who were regular drinkers, by household income, level of education and immigration status, Waterloo Region, 2013-2014**

	Measure	Per cent
<b>Household income</b>	<b>Less than \$40,000</b>	49.2 (CI: 40.8-57.6)
	<b>\$40,000-\$69,999</b>	56.9 (CI: 49.2-64.7)
	<b>\$70,000-\$99,999</b>	65.8 (CI: 57.5-74.1)
	<b>\$100,000 or more</b>	74.7 (CI: 70.1-79.3)
	<b>Don't know/refused</b>	F
<b>Level of education</b>	<b>Less than high school</b>	31.1 (CI: 24.2-38.1)
	<b>High school diploma</b>	65.7 (CI: 57.0-74.3)
	<b>Some post-secondary</b>	60.2 (CI: 44.6-75.8)
	<b>Post-secondary degree</b>	74.9 (CI: 69.8-80.1)
<b>Immigration status</b>	<b>Immigrant</b>	55.8 (CI: 47.3-64.2)
	<b>Canadian-born</b>	66.2 (CI: 61.9-70.5)

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