You have symptoms and are concerned you may have COVID-19. Now what?

This guidance does not apply to individuals who live, work, volunteer or are admitted in a highest risk setting.

Do you have any of these symptoms: Fever/chills, cough, shortness of breath, decrease/loss of smell and taste?

- No
- Yes

Do you have two or more of these symptoms?

- Sore throat
- Headache
- Extreme fatigue
- Runny nose/nasal congestion
- Muscle aches/joint pain
- GI Symptoms (i.e. vomiting or diarrhea)

- No
- Yes

It is less likely that you have COVID-19 infection.

- Self-isolate immediately:
  - For at least 5 days from your symptom onset and until your symptoms have been improving for 24 hours (or 48 hours if gastrointestinal symptoms) whichever is longer in duration if you are:
    - 12 years of age or older AND fully vaccinated.
    - 11 years old or younger, regardless of your vaccination status.
  - For 10 days from your symptom onset if you are:
    - 12 years of age or older AND either partially vaccinated or unvaccinated.
    - Immune compromised, regardless of your age.

- All of your household members (regardless of their vaccination status) must self-isolate while you are self-isolating.

- Most individuals do not need a COVID-19 test. If you are in the eligible individual list, get PCR test, rapid molecular test or rapid antigen tests (if you have access). If testing is not available, you must fulfill the self-isolation.

- If your symptoms worsen, seek advice from Telehealth or your health care provider.

- Notify your workplace.

It is highly likely that you have a COVID-19 infection.

- You must self-isolate immediately:
  - For at least 5 days from your symptom onset and until your symptoms have been improving for 24 hours (or 48 hours if gastrointestinal symptoms) whichever is longer in duration if you are:
    - 12 years of age or older AND fully vaccinated.
    - 11 years old or younger, regardless of your vaccination status.
  - For 10 days from your symptom onset if you are:
    - 12 years of age or older AND either partially vaccinated or unvaccinated.
    - Immune compromised, regardless of your age.

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- Notify your workplace.