

2026

Waste collection calendar

For residents that receive the Region of Waterloo's curbside waste collection services in Cambridge, Kitchener, North Dumfries, Waterloo, Wellesley, Wilmot and Woolwich.



Know what goes where and when

Go to regionofwaterloo.ca/waste or download the **Waste Whiz** app for schedule, material and other information.



Let's roll!

Learn more at regionofwaterloo.ca/carts.



All items to the curb by 7 a.m.
on your waste collection day.



Green cart (organics)
weekly collection.

Maximum weight of 38 kilograms
(85 pounds).



Black cart (garbage) collection
every second week.

Large cart is a maximum weight
of 90 kilograms (200 pounds).
Small cart is a maximum weight
of 45 kilograms (100 pounds).



Yard waste collection spring
to fall, every second week,
opposite garbage.

Maximum weight of 23 kilograms
(50 pounds).



Bulky items and appliance
collection once a month.



Recycling (blue box) collection,
every second week.

For more information visit
circularmaterials.ca/waterlooregion.

What's inside the 2026 waste collection calendar?

Your collection day may be changing as of March 2026.

To find your collection schedule:

1. Look at the maps on **pages 3 to 5**.
2. Locate the colour-coded area where you live to find your collection day and zone (e.g., Tuesday A1).
3. Go to the waste collection schedule page for your zone (Zone A1 or Zone A2 or Zone B1 or Zone B2).

You can also find your collection schedule on the **Waste Whiz app** or online at **regionofwaterloo.ca/WasteWhiz**, by entering your address in the calendar search box.

On **page 10**, you will find more information about how to sort your garbage, organics, bulky items, and yard waste.

On **page 11**, you will find more information about Circular Materials' recycling (blue box) program including how to sort your recycling and the new materials accepted in the blue box.

Visit **regionofwaterloo.ca/waste** for more information about curbside collection services.

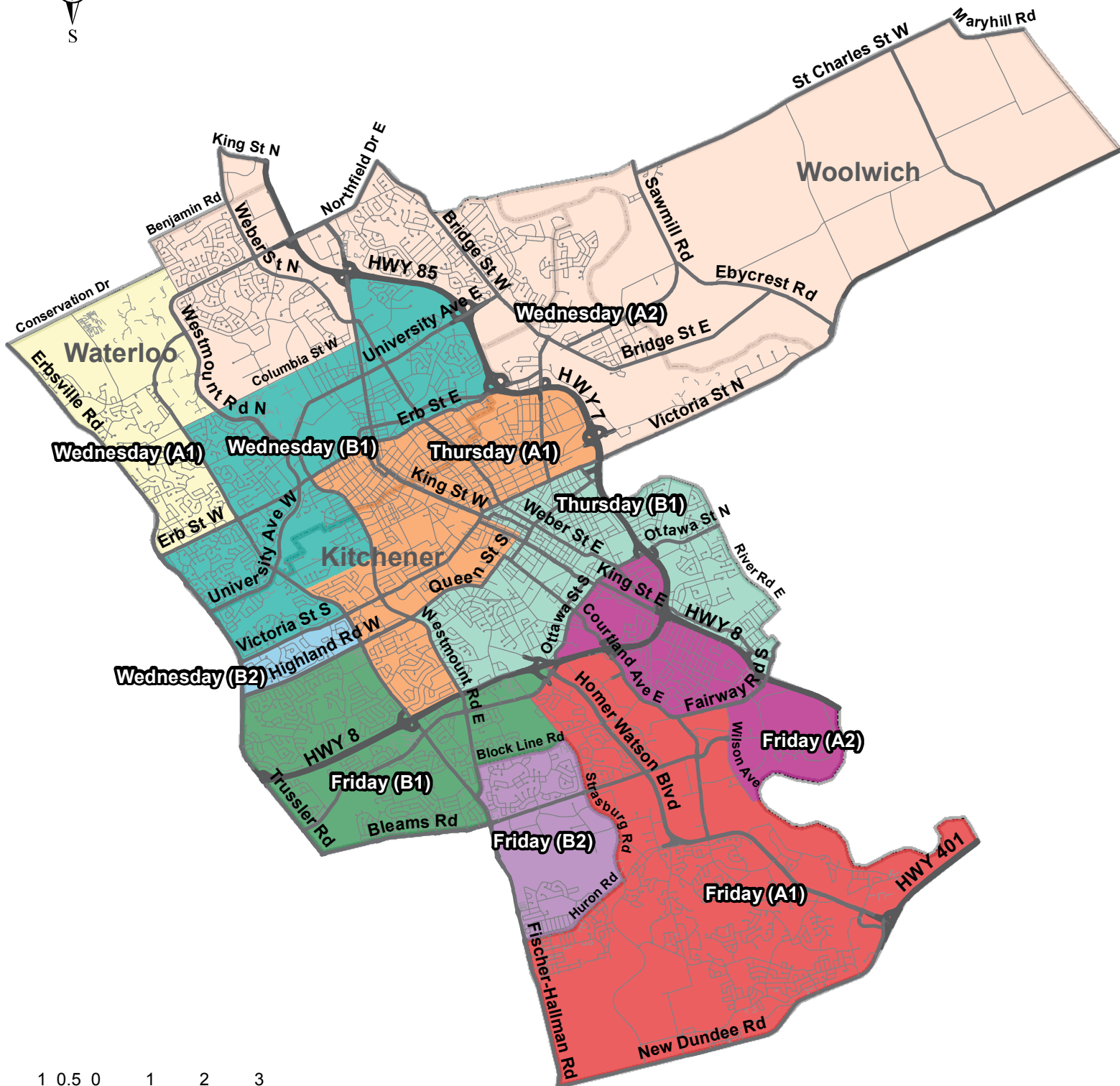


Waste collection zone map

1. Look at the map below.
2. Locate the colour-coded area where you live to find your collection day and zone (e.g., Tuesday A1).
3. Go to the waste collection schedule page for your zone (Zone A1 or Zone A2 or Zone B1 or Zone B2).

Waste collection zones

Zone A1	Zone B1
Tuesday (A1)	Tuesday (B1)
Wednesday (A1)	Wednesday (B1)
Thursday (A1)	Thursday (B1)
Friday (A1)	Friday (B1)
Zone A2	Zone B2
Tuesday (A2)	Tuesday (B2)
Wednesday (A2)	Wednesday (B2)
Thursday (A2)	Thursday (B2)
Friday (A2)	Friday (B2)

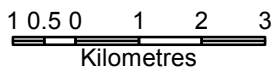
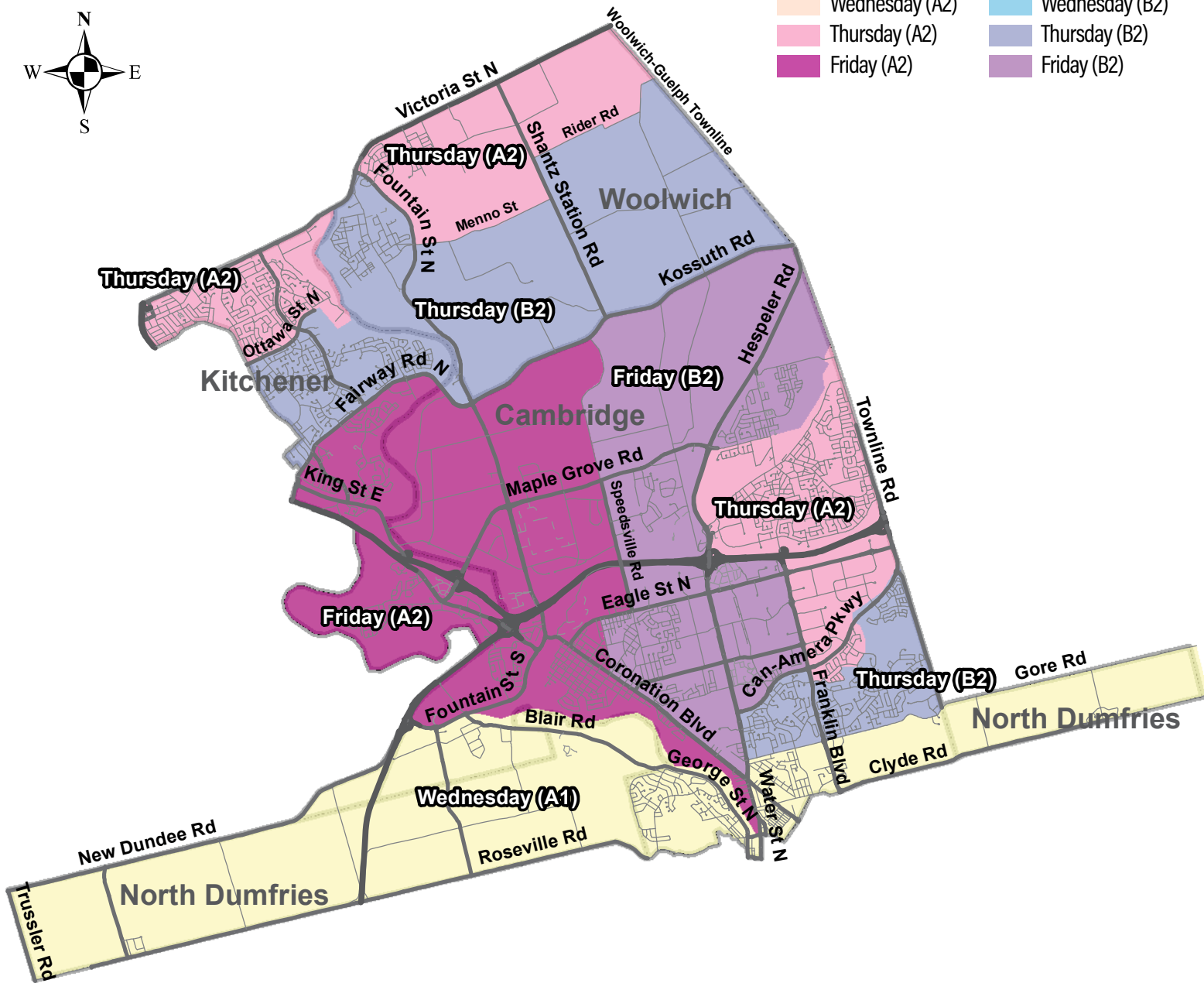


Waste collection zone map

1. Look at the map below.
2. Locate the colour-coded area where you live to find your collection day and zone (e.g., Tuesday A1).
3. Go to the waste collection schedule page for your zone (Zone A1 or Zone A2 or Zone B1 or Zone B2).

Waste collection zones

Zone A1	Zone B1
Tuesday (A1)	Tuesday (B1)
Wednesday (A1)	Wednesday (B1)
Thursday (A1)	Thursday (B1)
Friday (A1)	Friday (B1)
Zone A2	Zone B2
Tuesday (A2)	Tuesday (B2)
Wednesday (A2)	Wednesday (B2)
Thursday (A2)	Thursday (B2)
Friday (A2)	Friday (B2)



For more information or need help?

Call 519-575-4400 or use the **Waste Whiz** app.

To set collection schedule reminders use the **Waste Whiz** app or visit regionofwaterloo.ca/WasteWhiz.



Waste collection schedule:

Refer to pages 2 to 5 for maps and instructions on which collection schedule to use (e.g., Zone A1 or Zone A2 or Zone B1 or Zone B2). Or, find your collection day and zone by using the **Waste Whiz app**.

Questions

Use the **Waste Whiz app** or call **519-575-4400**.



Zone A1

My collection day is

All zones receive garbage (black cart) collection the week of March 3 to 6, 2026.

March 2026				
	T	W	T	F
	3	4	5	6
	10	11	12	13
	17	18	19	20
	24	25	26	27
	31			

April				
	T	W	T	F
	1	2	3	
	7	8	9	10
	14	15	16	17
	21	22	23	24
	28	29	30	

May				
	T	W	T	F
				1
	5	6	7	8
	12	13	14	15
	19	20	21	22
	26	27	28	29

June				
	T	W	T	F
	2	3	4	5
	9	10	11	12
	16	17	18	19
	23	24	25	26
	30			

July				
	T	W	T	F
		1	2	3
	7	8	9	10
	14	15	16	17
	21	22	23	24
	28	29	30	31

August				
	T	W	T	F
	4	5	6	7
	11	12	13	14
	18	19	20	21
	25	26	27	28

September				
	T	W	T	F
	1	2	3	4
	8	9	10	11
	15	16	17	18
	22	23	24	25
	29	30		

October				
	T	W	T	F
			1	2
	6	7	8	9
	13	14	15	16
	20	21	22	23
	27	28	29	30

November				
	T	W	T	F
	3	4	5	6
	10	11	12	13
	17	18	19	20
	24	25	26	27

December				
	T	W	T	F
	1	2	3	4
	8	9	10	11
	15	16	17	18
	22	23	24	25 →
	29	30	31	

Zone A1 collection days

- Tuesday (T)
- Wednesday (W)
- Thursday (T)
- Friday (F)

No collection on Monday

No collection December 25

→ Collection delayed to the next day

Waste materials collected

- Garbage (black cart) collection**
- Organics (green cart) collection**
- Bulky item collection**
- Yard waste collection**
- Recycling (blue box) - Circular Materials**

Waste collection schedule:

Refer to pages 2 to 5 for maps and instructions on which collection schedule to use (e.g., Zone A1 or Zone A2 or Zone B1 or Zone B2). Or, find your collection day and zone by using the **Waste Whiz app**.

Questions

Use the **Waste Whiz app** or call **519-575-4400**.



Zone A2

My collection day is

All zones receive garbage (black cart) collection the week of March 3 to 6, 2026.

March 2026					April					May					June				
T W T F					T W T F					T W T F					T W T F				
	3	4	5	6		1	2	3		1					2	3	4	5	
	10	11	12	13		7	8	9	10		5	6	7	8		9	10	11	12
	17	18	19	20		14	15	16	17		12	13	14	15		16	17	18	19
	24	25	26	27		21	22	23	24		19	20	21	22		23	24	25	26
	31					28	29	30			26	27	28	29		30			
July					August					September					October				
T W T F					T W T F					T W T F					T W T F				
		1	2	3		4	5	6	7		1	2	3	4				1	2
	7	8	9	10		11	12	13	14		8	9	10	11		6	7	8	9
	14	15	16	17		18	19	20	21		15	16	17	18		13	14	15	16
	21	22	23	24		25	26	27	28		22	23	24	25		20	21	22	23
	28	29	30	31							29	30				27	28	29	30
November					December														
T W T F					T W T F														
	3	4	5	6		1	2	3	4										
	10	11	12	13		8	9	10	11										
	17	18	19	20		15	16	17	18										
	24	25	26	27		22	23	24	25										
						29	30	31											

Zone A2 collection days

- Tuesday (T)
- Wednesday (W)
- Thursday (T)
- Friday (F)

No collection on Monday

No collection December 25

Collection delayed to the next day

Waste materials collected

	Garbage (black cart) collection		Organics (green cart) collection		Bulky item collection		Yard waste collection		Recycling (blue box) - Circular Materials
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Waste collection schedule:

Refer to pages 2 to 5 for maps and instructions on which collection schedule to use (e.g., Zone A1 or Zone A2 or Zone B1 or Zone B2). Or, find your collection day and zone by using the **Waste Whiz app**.

Questions

Use the **Waste Whiz app** or call **519-575-4400**.



Zone B1

My collection day is

All zones receive garbage (black cart) collection the week of March 3 to 6, 2026.

March 2026				
	T	W	T	F
	3	4	5	6
	10	11	12	13
	17	18	19	20
	24	25	26	27
	31			

April				
	T	W	T	F
		1	2	3
	7	8	9	10
	14	15	16	17
	21	22	23	24
	28	29	30	

May				
	T	W	T	F
				1
	5	6	7	8
	12	13	14	15
	19	20	21	22
	26	27	28	29

June				
	T	W	T	F
	2	3	4	5
	9	10	11	12
	16	17	18	19
	23	24	25	26
	30			

July				
	T	W	T	F
		1	2	3
	7	8	9	10
	14	15	16	17
	21	22	23	24
	28	29	30	31

August				
	T	W	T	F
	4	5	6	7
	11	12	13	14
	18	19	20	21
	25	26	27	28

September				
	T	W	T	F
	1	2	3	4
	8	9	10	11
	15	16	17	18
	22	23	24	25
	29	30		

October				
	T	W	T	F
			1	2
	6	7	8	9
	13	14	15	16
	20	21	22	23
	27	28	29	30

November				
	T	W	T	F
	3	4	5	6
	10	11	12	13
	17	18	19	20
	24	25	26	27

December				
	T	W	T	F
	1	2	3	4
	8	9	10	11
	15	16	17	18
	22	23	24	25
	29	30	31	

Zone B1 collection days

- Tuesday (T)
- Wednesday (W)
- Thursday (T)
- Friday (F)

No collection on Monday

No collection December 25

Collection delayed to the next day

Waste materials collected

- Garbage (black cart) collection
- Organics (green cart) collection
- Bulky item collection
- Yard waste collection
- Recycling (blue box) - Circular Materials

Waste collection schedule:

Refer to pages 2 to 5 for maps and instructions on which collection schedule to use (e.g., Zone A1 or Zone A2 or Zone B1 or Zone B2). Or, find your collection day and zone by using the **Waste Whiz app**.

Questions

Use the **Waste Whiz app** or call **519-575-4400**.



Zone B2

My collection day is

All zones receive garbage (black cart) collection the week of March 3 to 6, 2026.

March 2026				
	T	W	T	F
	3	4	5	6
	10	11	12	13
	17	18	19	20
	24	25	26	27
	31			

April				
	T	W	T	F
	1	2	3	
	7	8	9	10
	14	15	16	17
	21	22	23	24
	28	29	30	

May				
	T	W	T	F
				1
	5	6	7	8
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	19	20	21	22
	26	27	28	29

June				
	T	W	T	F
	2	3	4	5
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	30			

July				
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September				
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	22	23	24	25
	29	30		

October				
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November				
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December				
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	15	16	17	18
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	29	30	31	

Zone B2 collection days

- Tuesday (T)
- Wednesday (W)
- Thursday (T)
- Friday (F)

No collection on Monday

No collection December 25

→ Collection delayed to the next day

Waste materials collected

- Garbage (black cart) collection**
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How to sort your waste

Organics

 Meat, chicken, fish and bones	 Paper plates, paper towels and napkins
 Pasta, bread, rice and pizza	 Fruits and vegetables
 Coffee grinds, filters and tea bags	 Wrapped pet waste*




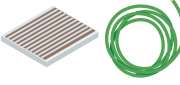

Line your green cart with a paper bag or a certified compostable bag.

Weekly collection. No biodegradable bags.

*Wrapped in a paper or certified compostable bag.



Garbage

 Personal hygiene/sanitary products	 Dryer lint, cotton swabs and dental floss
 Flushable and disposable wipes	 Broken, sharp objects (sealed in a box)
 Furnace filters, garden hose	 Compostable take-out containers







Garbage cart lid must be closed and no items on top.

Every second week collection.

Bags are not required. Extra garbage? Use a bag tag.



Yard waste

 Grass	 Weeds
 Pine cones	 Brush*
 Fallen fruit	 Leaves

No soil or sod.

Seasonally, every second week collection, opposite garbage.

Use acceptable garbage can (maximum 121 litres) with a yellow yard waste sticker or tie a bright ribbon on handle of can.

*Maximum 7.5 cm (3 in) diameter.



Bulky items

 Couch and chair (max 6 ft in length)	 Mattress
 Rolled up and tied carpet*	 Wood/flooring bundle (nails removed)*
 Water softener (empty water and salt)	 Dryer, stove (tape doors shut)

Check the **Waste Whiz app** for weight limits and preparation instructions

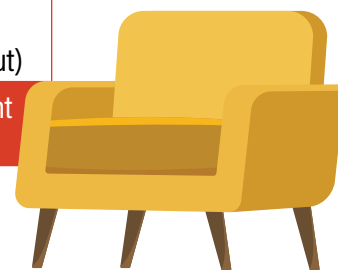
Once a month collection.

Single family homes, 3 items per collection.

Duplexes (two units), 6 items per collection.

Small apartments (three to six units), 10 items per collection.

*Maximum 3 ft in length.



Garbage, organics, yard waste and bulky items are collected by the Region of Waterloo.

















Use the **Waste Whiz app** to access the waste sorting tool.

How to sort your recycling (blue box) with Circular Materials

Blue box is not managed by the Region of Waterloo. Issues or questions about the blue box?

Go to circularmaterials.ca/waterlooregion for more information.



Paper and plastic packaging		Containers			
Materials and examples		Materials and examples	Materials and examples		
	<p>Cardboard boxes Pizza boxes, direct mail boxes, moving boxes, shoe boxes.</p> <p>✓ Flatten. No larger than 60 x 60 cm.</p>		<p>Glass containers Clear and coloured glass. Food containers, jars and bottles. Cosmetic containers, spice bottles, oil and vinegar bottles.</p> <p>✓ Empty and free from food residue. ✓ Lids and caps off.</p>		<p>Aluminum (foils and trays) Aluminum foil, pie plates, frozen food trays.</p> <p>✓ Rinse and dry. ✓ Ball up aluminum foil.</p>
	<p>Boxboard Cereal boxes, tissue boxes, egg cartons, rolls from toilet paper and paper towel.</p> <p>✓ Flatten. ✓ Empty.</p>		<p>Plastic containers Laundry detergent and household cleaner jugs, shampoo, body wash, salad dressing, condiment, dish soap, mouth wash bottles.</p> <p>✓ Empty. ✓ Lids and caps on.</p>		<p>Metal Food cans, metal lids, candle, cookie, coffee and tea tins.</p> <p>✓ Rinse and dry.</p>
	<p>Paper Any colour, including flour bags, prescription bags, paper produce bags. Notepads, white or coloured loose paper, file folders, other printed materials. Community newspapers, flyers, brochures and magazines. Greeting cards and envelopes, gift boxes.</p> <p>✓ Empty. ✓ Place shredded paper in a tied clear plastic bag. ✓ Separate from plastic bags used to cover items, remove elastic bands. ✓ Remove rope handle from bags. ✗ Do not include soft or hard covered books/novels.</p>		<p>Plastic food containers Food trays, salad, yogurt, peanut butter, bakery and egg containers, plastic cups, plastic tubs and lids.</p> <p>✓ Empty. ✓ Lids and caps on.</p>		<p>Foam packaging Meat trays, takeout containers, cups, plates, bowls, foam packaging for products.</p> <p>✓ Empty and free from food residue. ✓ Remove film wrap and absorbent pads from meat trays.</p>
	<p>Paper laminate packaging Pet food bags, food service paper bags, and plates.</p> <p>✓ Empty and free from food residue.</p>		<p>Paper laminate containers Spiral cans, cookie dough package, ice cream containers, and hot and cold beverage cups.</p> <p>✓ Empty. ✓ Remove lids.</p>		<p>Tubes Toothpaste tubes, deodorant, hand cream tubes.</p> <p>✓ Empty. ✓ Lids and caps on.</p>
	<p>Flexible plastic packaging Bags used for dry cleaning, bread, newspapers and flyers. Overwrap (paper towel & toilet paper, beverage containers). Coffee bags or deli pouches, chip bags, bubble wrap, snack wrappers, cereal liner bags, plastic gift bags.</p> <p>✓ Empty and free from food residue.</p>		<p>Cartons Dairy and dairy substitute cartons, molasses and sugar cartons, laundry and cleaning cartons, soup and sauce cartons, coffee cartons.</p> <p>✓ Rinse and dry. ✓ Lids and caps on.</p>		<p>Small plastic containers Small item packaging, hand sanitizer bottles, plant pots.</p> <p>✓ Empty. ✓ Lids and caps on.</p>
			<p>Aerosol containers Food spray, hairspray, air fresheners, shaving cream, deodorant.</p> <p>✓ Empty. ✓ Lids and caps on.</p>		
		<p>What's not accepted:</p> <p>✗ Books ✗ Pots and pans ✗ Toys ✗ Hazardous materials ✗ Diapers ✗ Batteries</p>		<p>*Hazardous materials, like batteries and medical sharps, should be safely disposed of at a designated drop off location.</p>	
		<p>For questions about your recycling service and to get new or replacement recycling bins, please contact Miller Waste: Phone: 1-888-852-3450 Email: area22@millerwaste.ca</p>			

For curbside collection issues:

Report online at regionofwaterloo.ca/waste-issue or by calling our 24-hour Service First Contact Centre at **519-575-4400**.

Regional Waste Management sites:

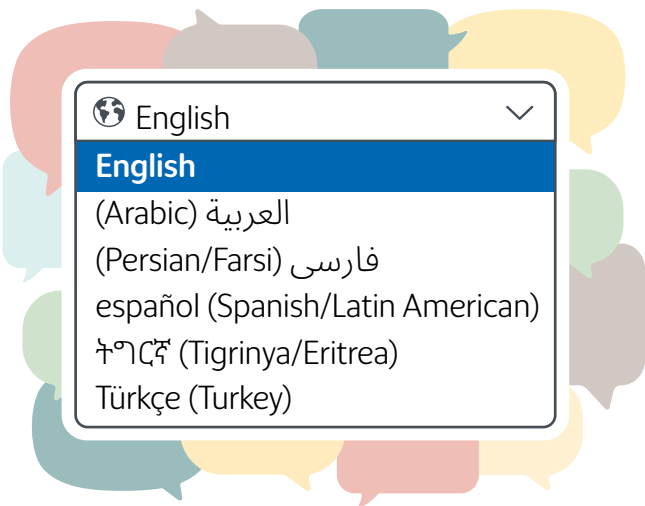
201 Savage Drive, Cambridge

925 Erb Street West, Gate 2, Waterloo

Visit regionofwaterloo.ca/waste for hours of operation.




Visit regionofwaterloo.ca/waste to translate this information.



 **RegionWaterloo**

 **Region of Waterloo**

 **regionofwaterloo**

 Printed on 100% recycled paper.

New to Waterloo Region?

If you have moved, check our website for more information regarding black and green carts.

Blue boxes can be obtained from Circular Materials' contractor.

Visit circularmaterials.ca/waterlooregion for more information.



Waterloo Region is a vibrant, healthy community. Meet and connect with your **Regional Council** at regionofwaterloo.ca/en/council.

